Infant & Toddler Mental Health for Educators Workshops

Dear Early Childhood Partners,

The Massachusetts Department of Early Education and Care (EEC) in partnership with the Massachusetts Department of Mental Health (DMH) are sponsoring a series of five Infant & Toddler Mental Health for Educators Workshops- Intensive (5 hours).

Times and Locations:

There are openings in all five workshops through the end of June.

June 12th-Taunton, EEC Office 9:00 am to 3:00 pm (with break)
June 13th-Springfield, EEC Office 9:00 am to 3:00 pm (with break)
June 16th-Lawrence, EEC Office 9:00 am to 3:00 pm (with break)
June 18th-Worcester, Public Library 9:30 am to 3:30p pm (with break)
June 25th-Metro, Jamaica Plain 9:00 am to 3:00 pm (with break)

CEUs:

.5 CEUs will be awarded to educators and 5 CEUs to social workers and licensed mental health counselors.

Description of Infant and Toddler Mental Health for Educators- Intensive

We all know how important it is to have an understanding in our work of healthy social and emotional development in young children. Each of the workshops will introduce participants to core principles of infant and toddler mental health. Understanding these principles helps to strengthen our work with infants, toddlers, their parents and other caregivers. These principles include:

- Typical social-emotional development and its connection to learning
- The importance of emerging capacities for self-regulation
- The importance of all relationships that interface with young children (e.g. parent-child, child-child, child-caregiver, parent-caregiver, parent/caregiver-administration)
- Factors that contribute to risk and resiliency and why it's essential to consider ways to cultivate resiliency in young children and families.
The workshop will provide:

- an overview of the development of optimal mental health;
- factors that contribute to the development of social emotional disturbance;
- the importance of working closely with parents and families; and
- strategies for educators to support social-emotional competence.

This workshop has been designed to support early educators in addressing EEC Core Competencies Areas 1, 2, and 3 and QRIS Standards 1.B.2.1, 1.B.3.1. Registration for educators working in EEC-licensed early education and care settings are prioritized.

All sessions will be held from 9:00 am-3:00 pm, excepted as noted for Worcester from 9:30 am to 3:30 pm.

**Link for Registration:**
https://www.surveymonkey.com/s/6RZSSN8

Registration confirmations will be sent via email.

**Cost:**
Free to attend

If you have any specific questions about the Infant and Toddler Mental Health Workshops or you need any special accommodations, please contact:
Sandy Wixted (DMH) via email at sandra.wixted@state.ma.us.

These training opportunities are funded through the federal Race to The Top - Early Learning Challenge grant.

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