

Michael P. Godard, Ph.D.

EDUCATION

Ph.D., Ball State University, Human Bioenergetics - May 2000

M.A., Adelphi University, Exercise Physiology – August 1995

B.S., Castleton State College (now Castleton University), Exercise Science – May 1994

ACADEMIC RANK

Tenured Professor

ADMINISTRATIVE EXPERIENCE

Provost, Southeast Missouri State University, July 2019-present

Southeast Missouri State University is a regional comprehensive university located in Cape Girardeau, Missouri with an enrollment of approximately 10,000 students. Southeast offers more than 150 areas of study at both the bachelors and masters degree levels with two regional campuses, one delivery sites and a River Campus dedicated to the visual and performing arts.

Primary responsibility as Provost is to lead the overall administration and promotion of academic excellence in the faculty and academic programs of the University and serves as a member of the University President's Executive Staff and provide leadership in planning and implementing innovative instructional programs, building collegial consensus around a compelling vision for the future, and guiding development of creative initiatives within academic affairs. Responsibilities associated with the learning environment at SEMO, include all academic programs within the five academic colleges, the Honors Program, Graduate Studies, TRIO programs, academic support services, the Kent Library regional campuses, the institute of cybersecurity and aviation operations. Responsible for 372 full time faculty, 250 part time faculty members, and 100+ staff members in academic affairs.

- Co-Chaired the University Strategic Action Planning Committee that resulted in an approved plan by the Board of Governors. Currently helping lead the implementation of the plan and identifying key performance indicators/metrics
- Worked collaboratively with Deans, Chairs, Faculty Senate and all full-time faculty on a comprehensive academic prioritization review process. This process resulted in the transformation and enhancement of several academic programs to ensure sustainable enrollments and increase retention and graduation rates
- Collaborate with the University Foundation Office on Donor relations and fundraising priorities resulting in several large gifts and planned gifts
- Worked with faculty senate on establishing new teaching effectiveness criteria that aligns with the tenure and promotion process and allows for more emphasis to be placed on faculty academic advising/mentoring
- Twelve professional program reaccreditations including AACSB over the past two years out of a total of 30 program specific professional accreditations

- Higher Learning Commission 10-year reaffirmation with no interim reporting or monitoring required
- Collaborative Professional Pilot Degree bachelor's degree program was established. Along with several accelerated masters degree programs
- Institute for Cybersecurity was created, and director hired
- Successful in obtaining a \$2.4 million Department of Education Title III (strengthening institutions) grant focused on underrepresented and high-risk students
- Member of the Missouri Department of Higher Education Council of Chief Academic Officers
 - A steering committee for the statewide Chief Academic Officers body

Executive Leadership Academy 2021-2022

The Executive Leadership Academy is a year-long program cosponsored by the CIC, AASCU and AALI to prepare experienced provosts and vice presidents to become successful presidents.

University of Central Missouri, July 2012-June 2019

The University of Central Missouri is a regional comprehensive university located in Warrensburg, Missouri with an enrollment of approximately 10,000 students. The University of Central Missouri offers more than 150 areas of study and 40+ graduate programs. UCM also has a regional campus located in Lee's Summit, Missouri.

Interim Provost-Chief Learning Officer, January 2018-June 2019

Was responsible for working collaboratively across campus with both faculty and staff to reorganize the academic units to increase efficiencies in the operations of the degree programs and provided more synergy to both the curriculum and scholarly pursuits.

Responsibilities were associated with the entire learning environment at UCM, including all academic programs within the four academic colleges, the Honors College, Kirkpatrick Library and four vice provost areas: Academic Programs and services, Student Experience and Engagement, Enrollment Management and Extended Studies. Responsible for 460 full time faculty, 360 part time faculty members, and 300+ staff members in academic affairs.

- Liaison to the Board of Governors Academic Affairs Committee
- Collaborate with the University Foundation Office on Donor relations and fundraising priorities
- Revamped student success continuum to increase retention and completion. This involved moving from a decentralized advising model to a coordinated holistic intentional success advising model
- Successful in obtaining a \$2.7 million Department of Education Title III (strengthening institutions) grant focused on underrepresented and high-risk students

Vice Provost for Enrollment Management/Student Success, University of Central Missouri 2015 – 2017

Developed, implemented, and maintained annual and long-range enrollment management plans that result in both the quantity and quality of students that supported UCM's strategic and financial goals, including the goals and outcomes of UCM's Contract for Completion. This position supervised the Directors of the Offices of Admissions, Student Financial Assistance, Registrar and Student Records, Graduate and International Student Services, the Chief International Recruitment Officer, and the Assistant Vice Provost for Enrollment Management (Success Advising, Learning Commons, TRIO) to ensure the University delivered quality

student services and meet enrollment targets. Additionally, was responsible for leading the development and revision of policies and procedures related to University Enrollment Processes.

Chair, Department of Nutrition & Kinesiology, University of Central Missouri 2012 – 2015

Provided visionary, synergistic leadership to maintain excellence in undergraduate and graduate programs and focused on the recruitment and retention of all students; fostered development, and evaluated a culturally diverse faculty, staff and students; enhanced research and creative activity among faculty; represented all dimensions of the Department to diverse audiences both internal and external to the University; administered the Department budget, schedule, and all other aspects of the Department's planning and operation; work in collaboration with other academic, athletic, administrative, and student affairs personnel in program management; developed partnerships and investigate external resources to enhance the Department's development. Worked collaboratively with the university foundation office to foster donor relations. Taught both undergraduate and graduate courses both face-to-face and online.

President-Elect, President, Past-President for Central States American College of Sports Medicine (ACSM) 2012 – 2015

Provided leadership for the chapter as a member of the Administrative Council. Responsible for continued progress on the goals of the chapter's strategic plan and initiatives. Organized the abstracts and student awards for the regional annual meeting and served as a liaison to ACSM national for certain areas within the chapter.

Associate Director, Western Illinois University Honors College 2012

Worked collaboratively with the Director on program development assessment and other Honors initiatives. Assisted the Director with recruitment and retention, curriculum development and review, data collection, endowment building and fundraising, and other assigned duties related to operation of the Honors College. Served *ex officio* on the University Honors Council and other subcommittees of the Honors Council. Responsible for the student-life component of the Honors Program. Oversaw extra-curricular programming; including academic, cultural, social, and service activities, honors conference participation, and fall/spring honors orientations.

President for Midwest American College of Sports Medicine 2012

Provided leadership for the chapter as a member of the Executive Team. Responsible for continued progress on the goals of the chapter's strategic plan and initiatives. Organized and lead all board meetings and serve as the liaison to ACSM national.

Center for Innovation in Teaching and Research, Research Faculty Associate, Western Illinois University, 2009 – 2012

Responsible for providing the university community with opportunities, resources, instruction and mentoring for their professional research needs.

Founding Research Fellow, Lifespan Institute, Western Illinois University 2008 – 2009

Primary responsibilities were to examine viable models to assist in the conceptual design of the Institute, soliciting information regarding faculty research interests and recent activity that aligned with the mission of the Institute, identified funding opportunities from state, federal, and corporate sources, and facilitate the cooperative submission of appropriate grant/contract

proposals.

Leadership and Diversity Program, American College of Sports Medicine, 2008 - 2009

The purpose of the ACSM Leadership & Diversity Program is to train ACSM professional members of racially and ethnically diverse backgrounds who hold a terminal degree to become ACSM leaders and Fellows. I mentored an individual over a two-year period of time who was then successful at obtaining fellowship status in ACSM.

Board of Directors for Midwest American College of Sports Medicine 2007 - 2009

Provided leadership for the Membership Committee and contributed to the progress on the goals of the chapters strategic plan.

Fellow of the American College of Sports Medicine 2006 - Present

Awarded the most prestigious distinction within the ACSM. This distinction is reserved only for those professionals who have demonstrated a high level of competence and ethical conduct with acceptable knowledge of the principles and practices of sports medicine.

Director, Applied Physiology Laboratory, University of Kansas, 2002 - 2005

Responsible for the daily operation of the laboratory and the management and supervision of the laboratory faculty, staff, and students. Provided administration of all projects related to the laboratory both internal and external to the University. Provided administration and oversight for the laboratory fiscal year budget and for the budgets related to externally funded projects.

Director of the Cardiology Stress Laboratories, Beth Israel Medical Center, 1995 – 1997

Responsible for the daily operation of the cardiology stress laboratories for the Division of Cardiology including the management of the fiscal year budget. Managed and supervised the allied health care staff for all laboratories and was responsible for training and personnel evaluations for these employees.

PROFESSIONAL HISTORY

Southeast Missouri State University Missouri, Cape Girardeau

July 2019 – Present

• **Provost**

Job responsibilities described previously.

July 2019 – Present

• **Professor of Exercise Science** - Tenured faculty member in the Department of Kinesiology, Nutrition and Recreation within the College of Education, Health and Human Studies.

University of Central Missouri, Warrensburg, Missouri

January 2018 – June 2019

• **Interim Provost – Chief Learning Officer**

Job responsibilities described previously.

July 2015 – December 2017

• **Vice Provost for Enrollment Management**

Job responsibilities described previously.

July 2012 – June 2015

• **Chair, Department of Nutrition & Kinesiology**

Job responsibilities described previously.

July 2012 – June 2019

• **Professor of Exercise Science** - Tenured faculty member with full graduate faculty status in the Department of Nutrition & Kinesiology within the College of Health, Science and Technology. Taught upper level of undergraduate and graduate level courses (face-to-face and online) in the Exercise Science Undergraduate Major and Kinesiology Graduate Major.

Western Illinois University, Macomb, Illinois

August 2010 – July 2012

• **Associate Professor of Exercise Physiology** - Tenured faculty member with full graduate faculty status in the Department of Kinesiology within the College of Education and Human Services. Taught upper level of undergraduate and graduate level courses in the Exercise Science Undergraduate Major and Kinesiology Graduate Major.

August 2006 – May 2010

• **Assistant Professor of Exercise Physiology** - Tenure-track faculty member with full graduate faculty status in the Department of Kinesiology within the College of Education and Human Services. Taught upper level of undergraduate and graduate level courses in the Exercise Science Undergraduate Major and Kinesiology Graduate Major

University of Kansas, Lawrence, Kansas

June 2002 – May 2006

• **Adjunct Faculty – January 2006-May 2006** – Adjunct faculty in the Department of Health, Sports and Exercise Sciences within the College of Education. Taught two graduate courses in the spring semester.

• **Assistant Professor of Exercise Physiology – June 2002-August 2005** - Tenure-track faculty member with full graduate faculty status in the Department of Health, Sports and Exercise Sciences within the College of Education. Taught upper level undergraduate and graduate level courses (Masters and Doctoral) and participated in advising/mentoring, recruitment and placement of interns.

• **Director, Applied Physiology Laboratory – June 2002-July 2005** – Responsible for the daily operation of the laboratory and the management of the laboratory faculty, staff, and students. Provided administration of all projects related to the laboratory both internal and external to the University. Provided administration and oversight for the laboratory fiscal year budget and for the budgets related to externally funded projects.

- **Faculty Associate, Gerontology Center – August 2003–August 2005** – Was one of several interdisciplinary faculty members appointed as a faculty associate in this Center. Participated in interdisciplinary research endeavors in accordance with the Gerontology Center’s mission.

University of Kansas Medical Center, Kansas City, Kansas

December 2002 – August 2005

- **Assistant Professor of Internal Medicine** – Secondary appointment as a faculty member in the Department of Internal Medicine, Division of Cardiology in the School of Medicine. Initiated and engaged with other medical school faculty members in numerous research projects and assisted in other Departmental and School of Medicine initiatives.

University of Southern Maine, Gorham, Maine

August 2000 – May 2002

- **Assistant Professor of Exercise Physiology - August 2000 – May 2002** - Tenure-track faculty member in the Department of Sports Medicine within the College Nursing and Health Professions. Taught upper-level undergraduate courses and provided oversight for advising and internship supervision.

- **Research Scientist - Bioscience Research Institute of Southern Maine, January 2001 – May 2002** – Was one of five individuals to be named as a Research Scientist to this prestigious Institute. Directed and managed an independent research laboratory and staff. Responsible for the daily operation of the laboratory and for securing internal and external funding to support research endeavors.

Ball State University, Muncie, Indiana

August 1997 – May 2000

- **Doctoral Fellow, Human Performance Laboratory** - Conducted research investigations on externally funded projects. Assisted in the mentoring of masters and undergraduate students that were research assistants in the laboratory.

- **Instructor, School of Physical Education** – Taught undergraduate lecture and laboratory courses.

Beth Israel Medical Center, New York, New York

October 1995 – July 1997

- **Director of the Cardiology Stress Laboratories** – Responsible for the daily operation of the cardiology stress laboratories for the Division of Cardiology including the management of the fiscal year budget. Managed and supervised the allied health care staff for all laboratories and was responsible for training and personnel evaluations for these employees. Also, responsible for administering various stress testing protocols (exercise and pharmacological) on patients.

The New York Hospital - Cornell Medical Center, New York, New York

June 1995 – September 1995

- **Exercise Physiologist, Nuclear Cardiology Department** – Responsible for administering exercise and pharmacological nuclear stress testing on both inpatient and outpatient populations.

Adelphi University, Garden City, New York**July 1994 – May 1995**

• **Graduate Teaching and Research Assistant** – Assisted in the coordination and daily operation of a Phase III Cardiac Rehabilitation and Adult Fitness Program. Conducted mentor directed research projects and taught several lower-level fitness activity courses and assisted in the instruction of upper level laboratory courses.

UNIVERSITY SERVICE**Southeast Missouri State University (selected list)**

Co-Chair, Strategic Action Planning Committee
 Co-Chair, Online Program Management Task Force
 Chair, Academic Council
 Chair, Vice President of Finance and Administration Search Committee
 Member, Executive Staff Council
 Member, Administrative Council
 Member, Foundation Board of Directors
 Administrative Liaison, Faculty Senate
 Member, Emergency Operations Committee

University of Central Missouri (selected list)

Member and Chair of Strategic Resource Allocation Model Subcommittee
 Member, Vice President of Finance and Administration Search Committee
 Member, Dean of Library Services Search Committee
 Vice Chair, Academic Council
 Member, Master Planning Committee, University of Central Missouri

Western Illinois University (selected list)

Chair, Department of Kinesiology Grade Appeals/Academic Integrity Committee
 Member, Centennial Honors College Council
 Member, Provost's Advisory Committee
 Member, Dean's Search Committee for the College of Education and Human Services
 Chair, Department of Kinesiology Operations Committee
 Chair, Sport Management/Physical Education Teacher Education Tenure Track Faculty Search Committee
 Member, self-study team for the North Central Accreditation Criterion 4
 Chair, Athletic Training/Anatomy & Physiology Tenure Track Faculty Search Committee

University Of Kansas (selected list)

Director, Applied Physiology Laboratory
 Member, University of Kansas Human Subjects Committee
 Mentor, Bridge Program for underrepresented minorities in the biomedical sciences
 Chairperson, Department of Health, Sport & Exercise Sciences Graduate Curriculum Committee
 Member, School of Education Graduate Studies Committee
 Member, Advisory Council for Educational Research and Public Service Institute

University Of Southern Maine (selected list)

Member, University of Southern Maine Human Subject Institutional Review Board

Member, University of Southern Maine Animal Care and Use Committee

Member, University of Southern Maine Research and Development/Biotechnology

Member, Exercise Physiology Advancement Committee

Member, Recruitment and Retention Committee, Department of Sports Medicine

Ball State University

Member, Ball State University Human Subject Institutional Review Board

SELECTED PROFESSIONAL SERVICE ACTIVITIES

Missouri Council of Chief Academic Officers, Missouri Department of Higher Education

Chamber of Commerce member, Cape Girardeau, Missouri

Rotary Member, Cape Girardeau, Missouri

International Editorial Review Board of Case Reports in Internal Medicine

Editorial Board Member - Journal of Hypo & Hyperglycemia

SELECTED HONORS AND AWARDS

Initiated member of Phi Kappa Phi National Scholastic Honor Society

Fellow of the American College of Sports Medicine

Del Shankel Teaching Excellence Award

Center for Teaching Excellence Award

SCHOLARSHIP**Grants (selected list)**

A Comprehensive Initiative to Increase Retention and Graduation Rates. *U.S. Department of Education: Strengthening Institutions Program Grant*. Funded, \$2,192,200. Co-Principal Investigator (Southeast Missouri State University).

Achieving Student Success: Academic and Social Supports for Improving Retention and Completion. *U.S. Department of Education: Strengthening Institutions Program Grant*. Funded, \$2,726,477. Co-Principal Investigator (University of Central Missouri).

Acute and Chronic Effects of Opuntia Ficus Indica Supplementation on Pre-Diabetic Male and Females. *Finkelberg*. Funded, \$170,000. Principal Investigator.

Body Composition and Hormonal Adaptation Associated with Forskolin Administration in Overweight and Obese Females. *Western Illinois University – University Research Council Grant Program*. Funded, \$11,050. Principal Investigator.

Body Composition and Hormonal Adaptation Associated with Forskolin Administration in Overweight and Obese Males. *FDA-IND*. Approved. Principal Investigator.

Effects of Forslean on Whole Body and Cellular Parameters in Overweight and Obese Males. Sabinsa Corporation. Funded, \$19,000. Principal Investigator.

Acquisition of a Shared Microscopy Center. *National Science Foundation (Major Research Instrumentation Program)*. Funded, \$135,000. Co-Investigator (PI – V. Markowski).

Effects of Activity and Inactivity on Congestive Heart Failure: Single Myofiber Myosin Heavy Chain Isoform Expression. *Bioscience Research Institute of Southern Maine*, Funded, 105,000. Principal Investigator.

Publications (Selected List)

Xing, S.S., C.C. Shen, **M.P. Godard**, J.J. Wang, Y.Y. Yue, S.T. Zhao, S.B. Zhang, T.X. Wang, X.L. Yang, P. Delafontaine, Y. He, Y.H. Song. Bortezomib Inhibits C2C12 Growth by Inducing Cell Cycle Arrest and Apoptosis. *Biochemical and Biophysical Research Communications*, 2014;445:375-380.

Song, Y.H., J.L. Song, P. Delafontaine, **M.P. Godard**. The Therapeutic Potential of IGF-I in Skeletal Muscle Repair. *Trends in Endocrinology and Metabolism*, 2013;24(6):310-319.

Godard, M.P., S.A. Whitman, Y.H. Song and P. Delafontaine. Skeletal muscle molecular alterations precede whole-muscle dysfunction in NYHA Class II heart failure patients. *Clinical Interventions in Aging* 2012;7:489-497.

Ewing, B.A. and **M.P. Godard**. Relationship Between Body Mass Index and Percent Body Fat in Aging Females. *International Journal of Body Composition Research* 8(4): 131-138, 2010.

Godard, M.P., B.A. Ewing, I. Pischel, A. Ziegler, B. Benedek, B. Feistel. Acute blood glucose lowering effects and long-term safety of OpunDia™ supplementation in pre-diabetic males and females. *Journal of Ethnopharmacology* 130(3): 631–634, 2010.

Wacker, M.J., **M.P. Godard**, E.H. McCabe, J.E. Donnelly, J.K. Kelly. Sex difference in the association of the Angiotensin Converting Enzyme I/D polymorphism and Body Mass Index. *Medical Scientific Monitor*, 14(7):CR353-357, 2008.

Godard, M.P. and C.M. Standley. Relationship Between CHAMPS Physical Activity Questionnaire And Functional Fitness Outcomes In Older Adults. *Activities, Adaptation & Aging*, 31(1):19-40, 2006.

Touchberry, C.D., M.J. Wacker, S.R. Richmond, S.A. Whitman, and **M.P. Godard**. Age-Related Changes in Relative Expression of Real-Time PCR Housekeeping Genes in Human Skeletal Muscle. *Journal of Biomolecular Techniques*, 17(2):143–148, 2006.

Whitman, S.A., M.J. Wacker, S.R. Richmond, and **M.P. Godard**. Contributions of the Ubiquitin-Proteasome Pathway and Apoptosis to Human Skeletal Muscle Wasting with Age. *Pflugers Archiv - European Journal of Physiology*, 450(6): 437-446, 2005.

Wacker, M.J. and **M.P. Godard**. Analysis of one-step and two-step real-time RT-PCR using SuperScript III. *Journal of Biomolecular Techniques*, 16(3): 266-271, 2005.

Godard, M.P., B.A. Johnson, and S.R. Richmond. Body composition and hormonal adaptations associated with forskolin consumption in overweight and obese males. *Obesity Research*, 13(8): 1335-1343, 2005.

Song Y.H., **Godard M.P.**, Li Y., Richmond S.R., Rosenthal N., Delafontaine P. Insulin-like growth factor I-mediated skeletal muscle hypertrophy is characterized by increased mTOR-p70S6K signaling without increased Akt phosphorylation. *Journal of Investigative Medicine*, 53(3):135-42, 2005.

Godard, M.P., P.M. Gallagher, U. Raue, and S.W. Trappe. Alterations in single muscle fiber calcium sensitivity with resistance training in older women. *Pflugers Archive - European Journal of Physiology*, 444: 419-425, 2002.

Godard, M.P., D.L. Williamson, and S.W. Trappe. Oral amino acid provision does not affect muscle strength or size gains in older men. *Medicine & Science in Sport and Exercise*, 34(7): 1126-1131, 2002.

Trappe, S., D. Williamson, and **M. Godard**. Maintenance of whole muscle strength and size following resistance training in older men. *Journal of Gerontology: Biological Sciences*, 57: B138-B143, 2002.

Godard, M.P., D.L. Williamson, D.A. Porter, G.A. Rowden, and S.W. Trappe. Concentric and eccentric neuromuscular drive with a 12-week knee extensor progressive resistance-training program in older men. *Journal of Aging and Physical Activity*, 9(4): 438-451, 2001.

Trappe, S., **M. Godard**, P. Gallagher, C. Carroll, D. Porter, and G. Rowden. Resistance training improves single muscle fiber contractile properties in older women. *American Journal of Physiology: Cell Physiology*, 281: C398-C406, 2001.

Trappe, S.W., D.L. Williamson, **M.P. Godard**, D.A. Porter, G.A. Rowden, D.L. Costill. The effects of progressive resistance training on single myocellular function in older men. *Journal of Applied Physiology*, 89: 143-152, 2000.

Parcell, A.C., S.W. Trappe, **M.P. Godard**, D.L. Williamson, W.J. Fink, and D.L. Costill. An upper arm model for simulating weightlessness. *Acta Physiologica Scandinavica*, 169: 47-54, 2000.

Williamson, D.L., **M.P. Godard**, D.A. Porter, D.L. Costill, and S.W. Trappe. Progressive resistance training reduces myosin heavy chain co-expression in single muscle fibers from older men. *Journal of Applied Physiology*, 88: 627-633, 2000.