



STUDENT-READY ADVISING: BUILDING CONNECTIONS & ENCOURAGING ENGAGEMENT

HELLO!

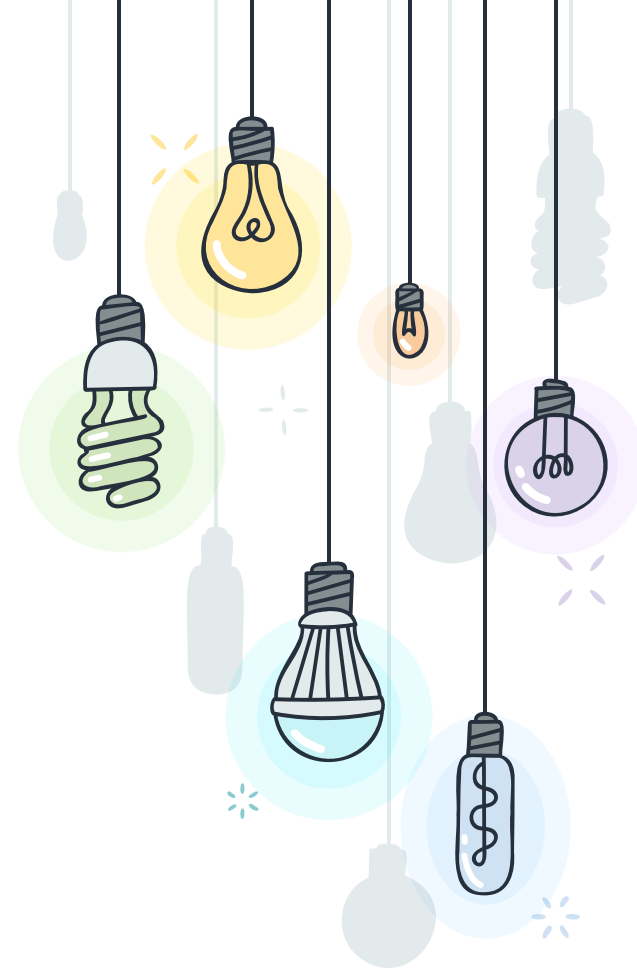
Megan Krell

- ✦ Associate Professor, Behavioral Sciences
- ✦ Faculty Lead for Advising
- ✦ Interim Coordinator for the Center for Teaching & Learning



* AGENDA

- + Advising Successes
 - × Celebrating what you are already doing
 - × Fitchburg State Advising Data
- + Building Connections
- + Encouraging Engagement



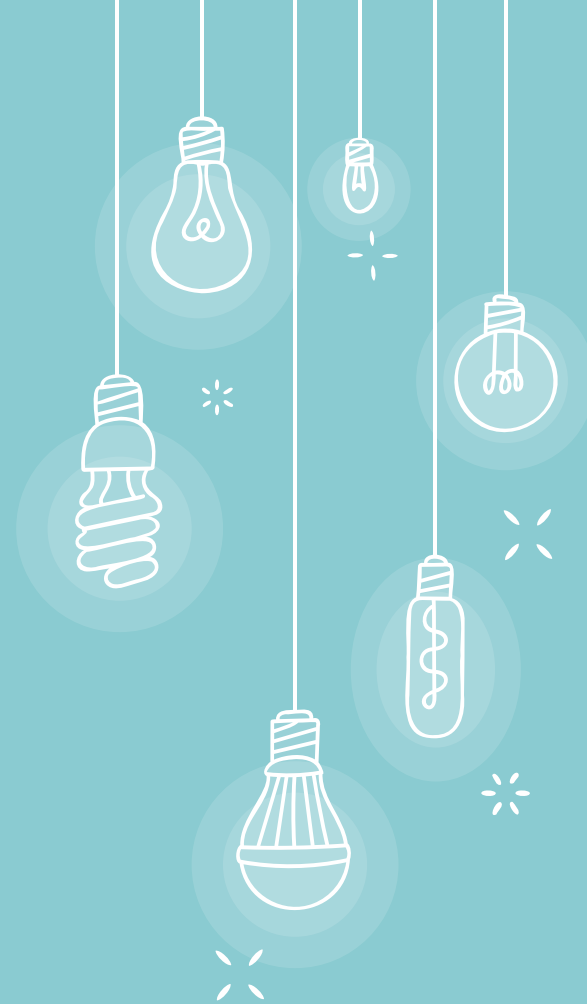
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ADVISING SUCCESSES!

Let's celebrate the work you are already doing!

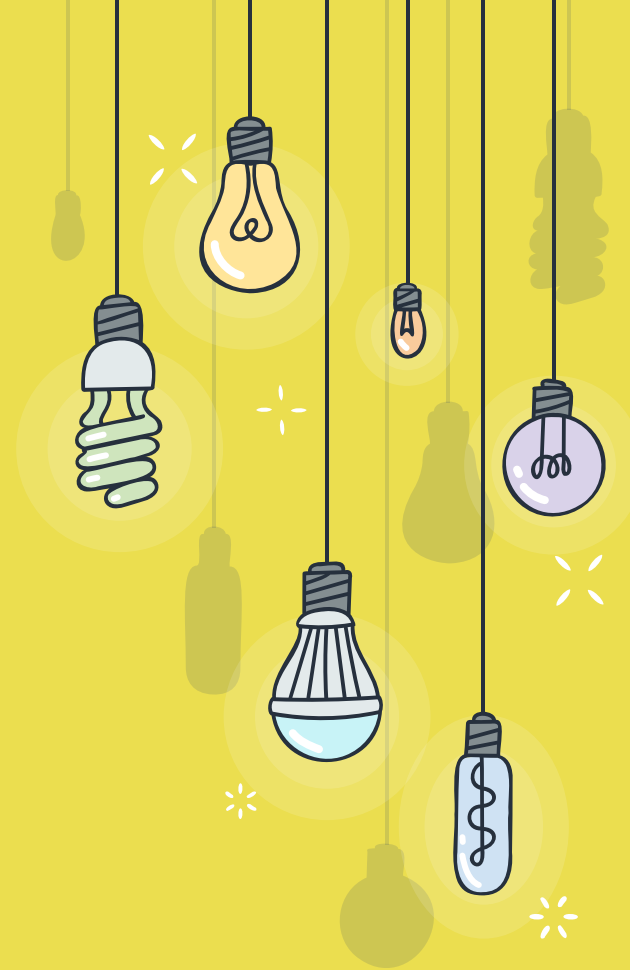


MVA: MOST VALUABLE ADVISOR NOMINATIONS



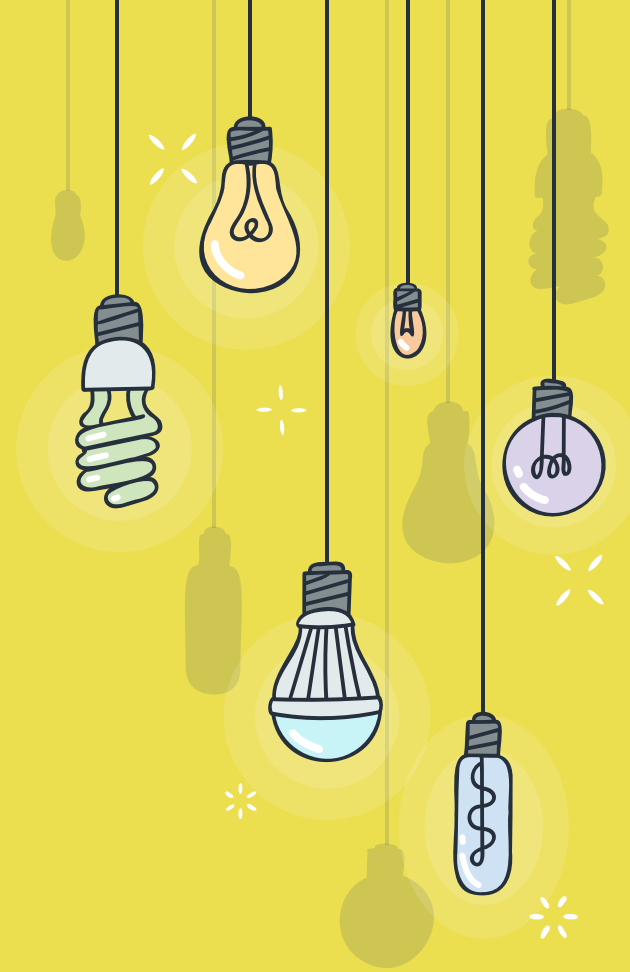
“ I haven't been the best student grade wise at Fitchburg but [my advisor] gives me motivation and helps me get excited for classes.

-Criminal Justice Major



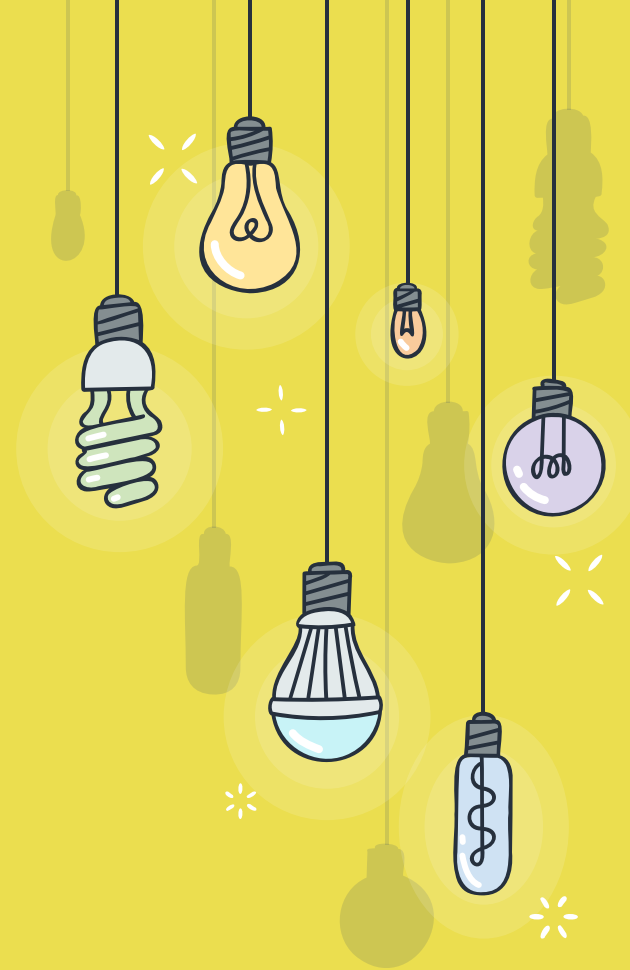
“ [My advisor], covered all my follow-up questions before I even asked them, her knowledge and commitment are second to none. [My advisor], not only a great asset to FSU, but for the whole academic community.

-Business Major



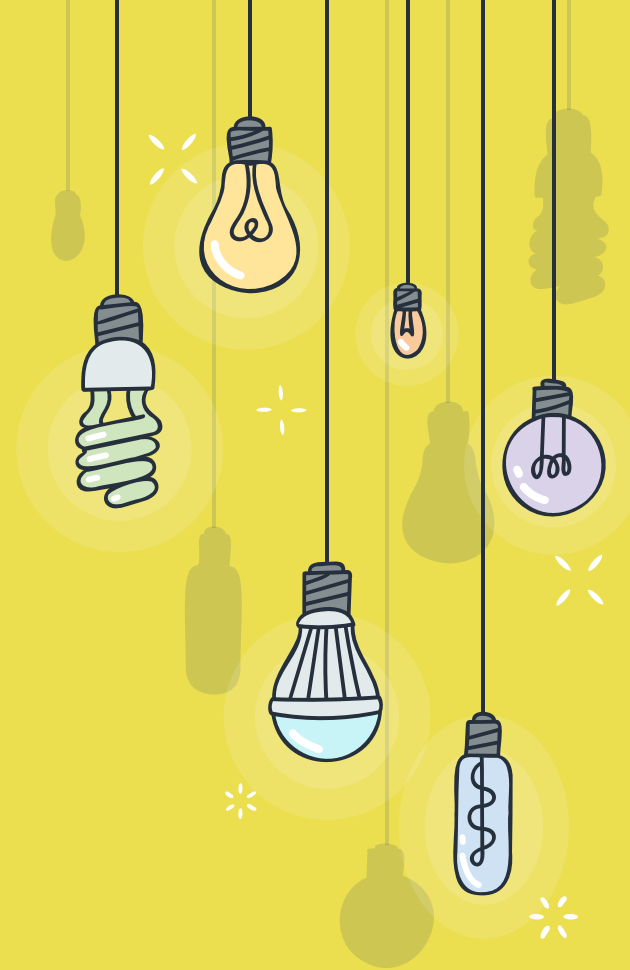
“ My advisor is an MVA because the first time we met we didn't just jump into the schedule planning, we talked for a little about how I'm doing in all classes, [my advisor] makes it easy to talk about anything, usually I'm nervous talking to new people but the way he approached and started the conversation made it very easy. Very nice person and easy to talk to.

-Human Services Major



“ [My advisor] has helped me as a navigate which direction to take next in my life. She didn't get annoyed or frustrated when I vacillated back and forth between programs. She took a human interest and helped me strip away the parts to find my heart's desire. I am still evolving even as an adult, parent, professional person. I hope I never stop.

-Special Education Major



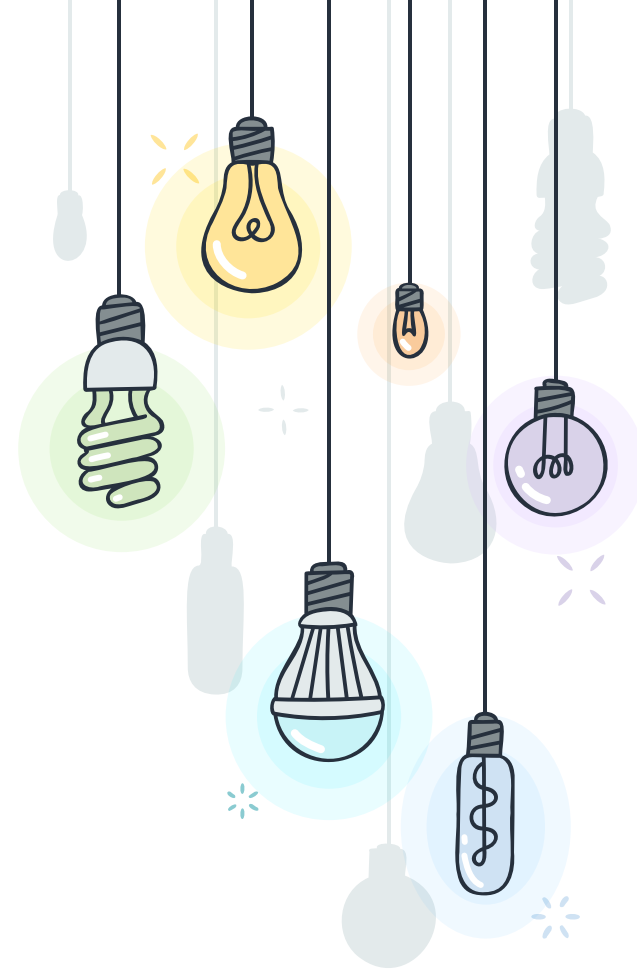
* OFFICE OF STUDENT DEVELOPMENT DATA

Sense of Belonging Interviews

+ 16 Involved / 13 Uninvolved Students

Who do uninvolved students attribute their sense of belonging to?

ACADEMIC ADVISORS!



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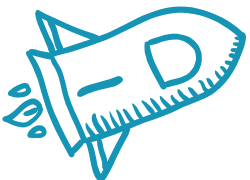
BUILDING CONNECTIONS

What does it look like?





- **What does having a connection with your advisee look like to you?**
- **What do you do to build connections with your advisees?**
- **What advising technique has NOT worked for you?**



lamboard



* ADDITIONAL STRATEGIES FOR BUILDING CONNECTIONS

- + Getting to know you survey (strengths-based, inclusive questions)
- + Real talks
- + Flipped advising
- + Group advising + individual advising (Shearer, 2007)
- + Quick congrats notes



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ENCOURAGING ENGAGEMENT

What strategies do you utilize?



* ENCOURAGING ENGAGEMENT

Targeted Contacts

Invite advisees to join you in events you are attending.

ASK!!!

Motivational Interviewing

Communication technique utilized when we want to help others make changes that would enhance their wellbeing

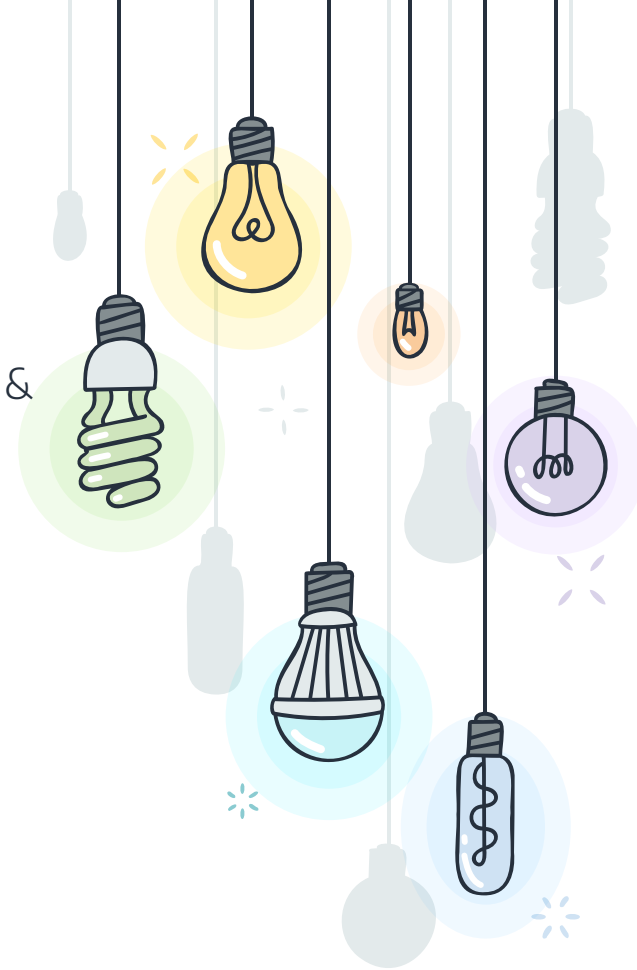
Add Your Own

Include ways that you encourage engagement in your advisees in the chat!



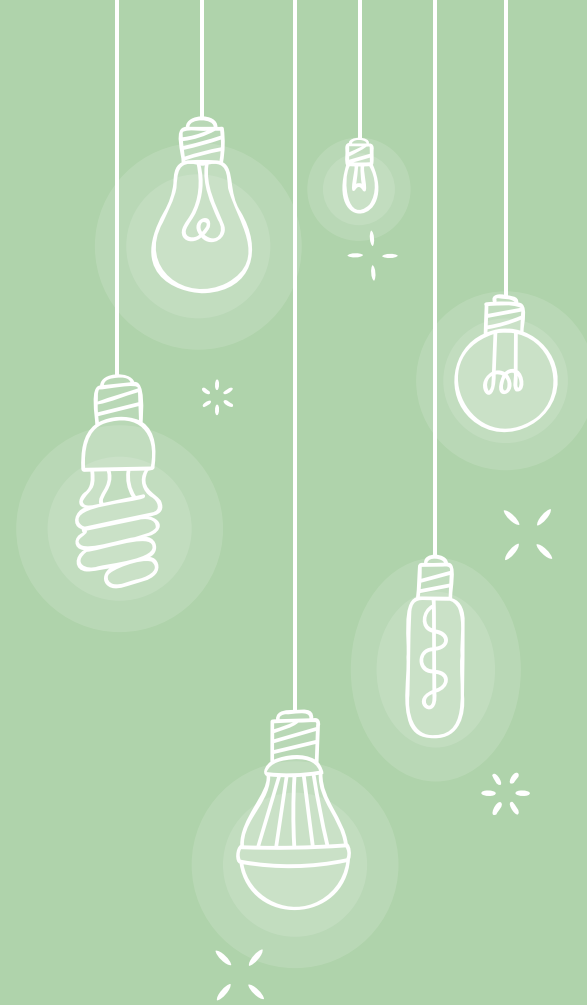
* MOTIVATIONAL INTERVIEWING

- ✦ An evidence-based, collaborative, person-centered form of guiding to elicit and strengthen motivation for change (Miller & Rollnick, 2009)
- ✦ Essence of Motivational Interviewing:
 - × Collaboration (vs. confrontation)
 - × Evocation (drawing out vs. imposing ideas)
 - × Autonomy (vs. authority)



People are generally better persuaded by the reasons they themselves discovered than those that come into the minds of others.

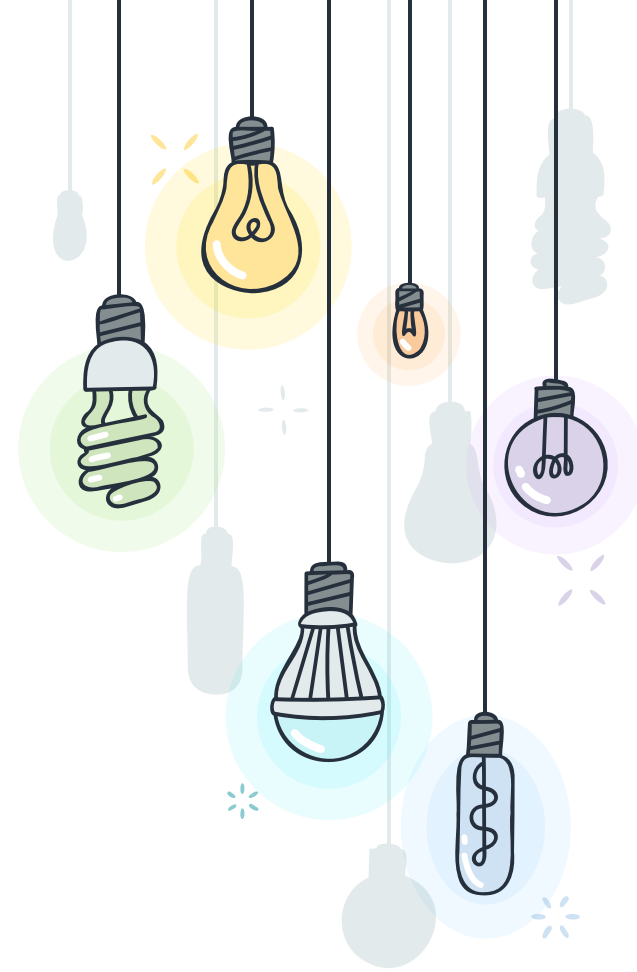
- Blaise Pascal



* MOTIVATIONAL INTERVIEWING

+ Techniques

- × **O**pen-ended, empowering questions
- × **A**ffirmative statements
- × **R**eflective listening
- × **S**ummary statements



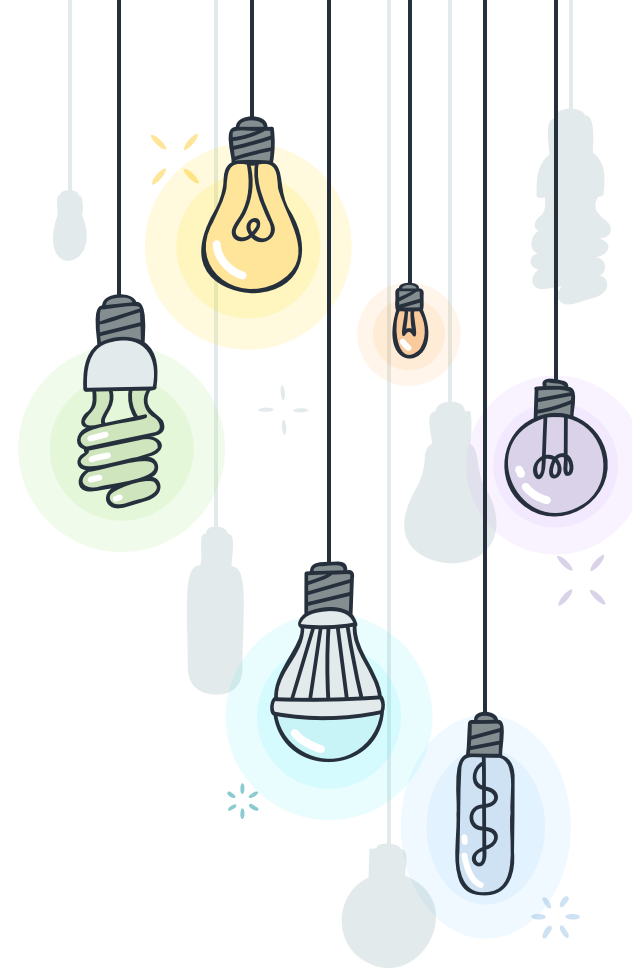
* MOTIVATIONAL INTERVIEWING

IS...

- + Expressing empathy
- + Develop discrepancy
- + Avoiding argumentation
- + Supporting self-efficacy
- + Rolling with the resistance

IS NOT...

- + Advice giving
- + Righting a wrong



* CASE STUDY

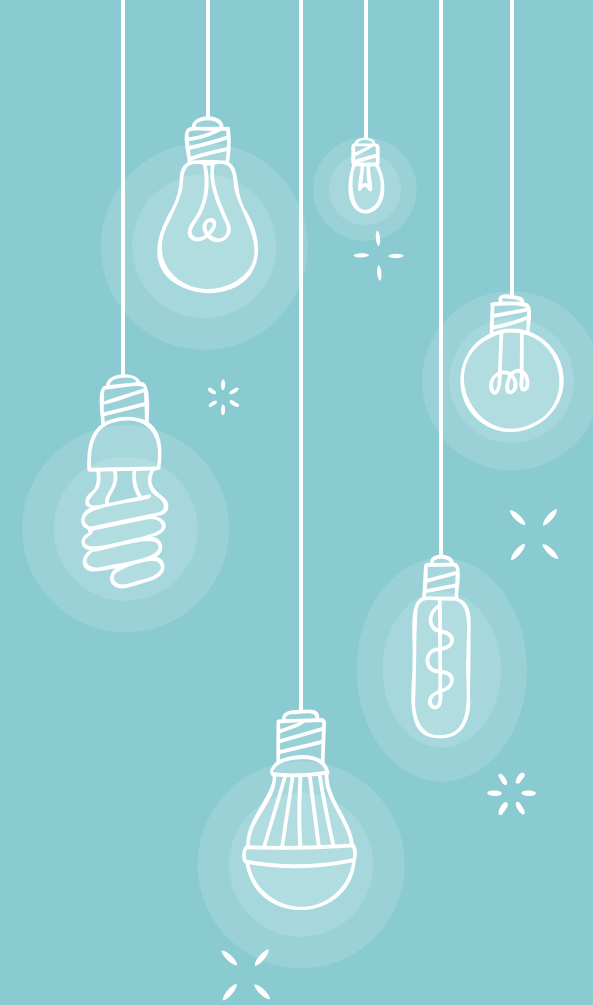
Taylor is a second year student who has come to meet with you for advising. You notice that Taylor has two mid-term deficient grades and reports struggling in every course. Upon exploring this further with Taylor, it is clear Taylor could benefit from tutoring and academic coaching. Upon providing information about campus resources, Taylor says, “I’ll be honest with you, I’m probably not going to do that.”

Discussion Questions:

1. What are the issues outlined in this case?
2. Have you been in a similar situation; if so, how have you handled it?
3. How might you use Motivational Interviewing to further assess Taylor’s situation and provide support? What questions might you ask Taylor?
4. What is the best possible outcome for this scenario?



CTL ADVISING RESOURCES



* CTL ADVISING RESOURCES

Advising Calendar

Subscribe to the advising calendar in your GCal.

Teaching & Learning Hour

More Partnership, Less Box-checking: Becoming a Learning-Centered Advisor

Tuesday, January 18th 3:30pm

Google Meet

FYE Advising 101

Slideshow presentation FYE instructors can use to walk students through the advising process at Fitchburg State.

CTL Website

Curated resources available online!

In Development...

- + FSU Advising guide
- + SSC/DegreeWorks guide
- + Getting to know you survey

Need a specific resource?

Just ask!

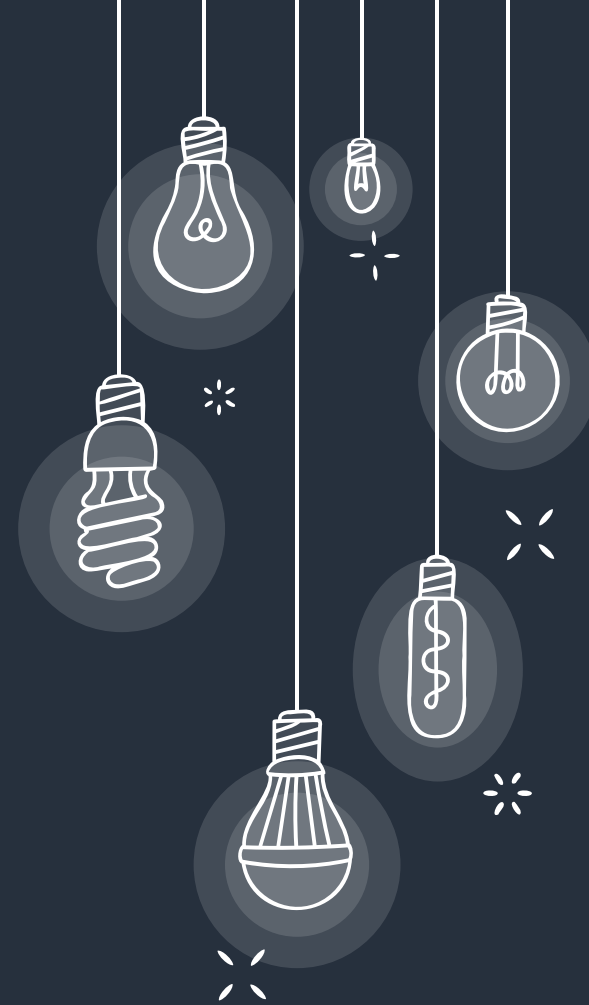


THANKS!

Any questions?

Please reach out:

+ mkrell@fitchburgstate.edu



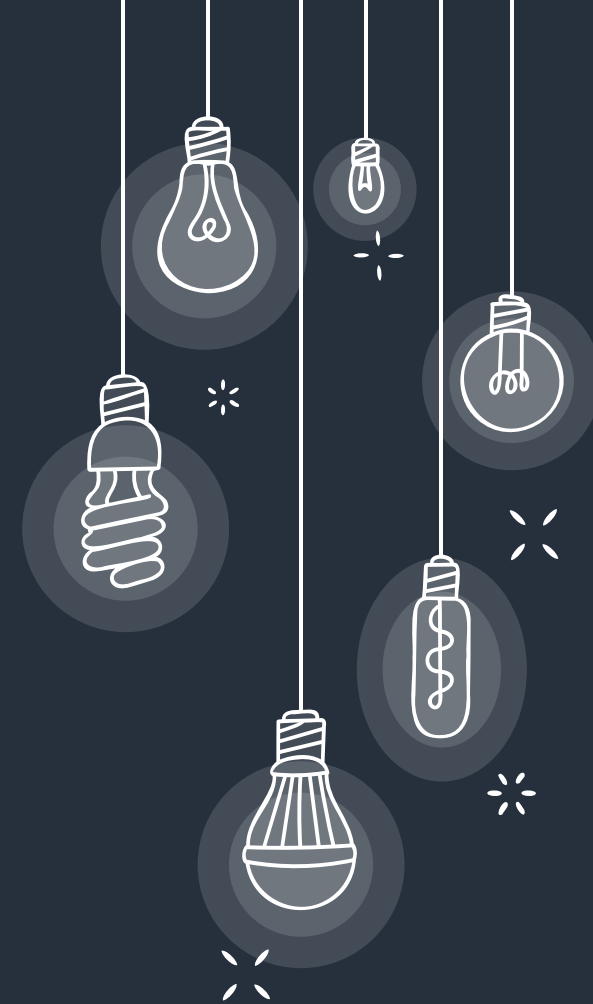
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