



Try our online registration option at:
marketplace.fitchburgstate.edu/alfa

MAIL-IN REGISTRATION FORM – SPRING 2022

Please complete **ONE** registration form for **EACH** person taking classes.

ALL COURSES ARE \$40 UNLESS OTHERWISE INDICATED.

Please **HIGHLIGHT** in color, or **CIRCLE** the courses below for which you would like to register.

SESSION 3: JANUARY – FEBRUARY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Creative Garden Design <u>ONLINE</u>	It's All Greek to Me: Exploring the Myths, Stories, & Epic Poems of Ancient Greece <u>ONLINE</u>	Google Beyond the Basics <u>ONLINE</u>	Gentle Yoga for Beginners <u>ONLINE</u>	Posture Workout <u>IN-PERSON</u>
Barre Stretch & Tone <u>IN-PERSON</u>	Seers & Seekers: A Field Guide to New England Visionaries <u>IN-PERSON</u>	Breath-Body-Mind, Life-Altering Experience <u>ONLINE</u>	History of the Blues <u>ONLINE</u>	Origins of Hip Hop <u>IN-PERSON</u>
Beginner Geology for Naturalists and Hikers (10 WKS \$80) <u>HYBRID</u>	Italian Cafe' FREE <u>IN-PERSON</u>	Art from Intuition <u>ONLINE</u>	Things to Know About Science <u>ONLINE</u>	Great Film Adaptations <u>ONLINE</u>
Masterpieces of South American Fiction <u>ONLINE</u>	Prehistoric Art in Europe & the Americas (\$20 mini-course) <u>ONLINE</u>		Creative Writing & Memoir Workshop <u>ONLINE</u>	

SESSION 4: MARCH – APRIL

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Spring Birding at Wachusett Meadow Wildlife Sanctuary <u>IN-PERSON</u>	Ideas Worth Spreading: Five Inspirational TEDtalks <u>IN-PERSON</u>	Naturally Curious: Weekly Nature Walks East of Fitchburg <u>IN-PERSON</u>	Energize, Restore and Renew with Yoga & More <u>ONLINE</u>	Posture Workout <u>IN-PERSON</u>
Barre Stretch & Tone <u>IN-PERSON</u>	Spring Paint/Draw Out <u>IN-PERSON</u>	Fine Tuning Your Ukulele <u>IN-PERSON</u>	Dining To Learn: Spring Celebrations <u>IN-PERSON</u>	Two Sandlots: Baseball, Bigotry, and the Battle for America <u>IN-PERSON</u>
Practice of Creativity in Drawing I <u>ONLINE</u>		Before & After Stonewall: An Intro to LGBTQ+ History in America <u>IN-PERSON</u>	Creative Writing & Memoir Workshop <u>ONLINE</u>	Chinese Brush Painting: Orchid & Chrysanthemum <u>ONLINE</u>
All About Italy FREE <u>ONLINE</u>				

SPECIAL PROGRAMS

ALFA SALON: CONTINUING THE CONVERSATION

FREE Participant-Led Discussion Group
 Wednesdays: 10:30 AM – 12:00 PM | ONLINE

ALFA BIKING GROUP

FREE Participant-Led, Meet-Up Group
 Thursdays: 10 – 11:30 AM | IN-PERSON

PLEASE SEE REVERSE SIDE FOR PAYMENT INFORMATION ►

REGISTRATION OPENS DECEMBER 9, 2021 — PLEASE REGISTER ONLINE, if possible!

All paper registration forms and payment must be **MAILED** to:
ALFA Office, Fitchburg State University, 160 Pearl Street, Fitchburg, MA 01420

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

E-mail: _____ Date of Birth: _____

Have you taken ALFA classes before? Yes No Are you an Alum of Fitchburg State? Yes No

How do you get your ALFA Brochure? Mail Email Website I pick it up at: _____ Other: _____

How did hear about ALFA? _____

ALTERNATE CHOICES — Due to space limitations and instructor requests, class size varies. It is important to list alternatives in the event your first choice classes are unavailable. **If no alternatives are listed, it will be assumed that none are desired.**

1. _____ 2. _____ 3. _____

Want to know instantly if you got into a course? Register online at: marketplace.fitchburgstate.edu/alfa

I AM SENDING PAYMENT FOR:

_____ **Course(s) @ \$40/course*** unless otherwise indicated

(Example: FREE, \$60 10-week courses, etc.) Limit 6 courses per SEMESTER** = \$ _____

- Beginner Geology for Naturalists and Hikers / 10 Week Course = **\$80**
- Prehistoric Art in Europe and the Americas / 45 Minute Mini-Course = **\$20**
- Discussion Group - ALFA Salon: Continuing the Conversation = **FREE**
- ALFA Biking Group = **FREE**

TOTAL = \$ _____

PAYMENT INFORMATION:

CREDIT CARD (PREFERRED): MasterCard Visa Discover

Credit Card #: _____

Exp. Date: _____ CVC (3 digit code): _____

Signature: _____

CHECK (made payable to Fitchburg State) amount enclosed: \$ _____

Please note—**We do not process as a paper check.** We use your account and routing number to debit the charge from your account. It will show up as an **ACH debit** on your statement. Please see "Payment Instructions" on what we do if the amount on your check does not match the order total (for example: A class is full, etc.).

Shirley Pick Scholarship Program (call the ALFA Office for details at 978-665-3706)

* Courses are free for members over 90 years of age. If over 90, please send verification of age with your registration.

** Students may initially register for up to six classes. After **December 11, 2021**, students may select additional courses if seats are still available.