

OUT-OF-STATE TRAVEL INFORMATION FOR EMPLOYEES AND STUDENTS

If you plan to leave the State of Massachusetts, you must complete a Fitchburg State University Travel Form. A representative from the FSU COVID-19 Operations Team will call you within one business day of submission of your form.

Please see the following links for the Faculty and Staff Isolation/Travel Form and Student Travel Form.

Faculty and Staff Isolation/Travel Form. [Faculty and Staff Isolation/Travel Form](#)

Student Travel Form. [Student Travel Form](#)

Upon return to Massachusetts, Fitchburg State University requires one of the following:

1. Have proof of a negative COVID-19 test (PCR) taken on a date within 72 hours of arrival in Massachusetts
2. Are fully vaccinated (have received two doses of either the Moderna or Pfizer COVID-19 vaccines OR have received a single dose of the Johnson & Johnson vaccine, 14 days or more ago) and do not have any COVID-19 symptoms
3. Plan to test on campus and quarantine until a negative result is produced
4. Plan to quarantine for 10 days due to the Massachusetts travel advisory rule

If you are not experiencing symptoms of COVID-19, then you may test on campus upon your arrival to Massachusetts. Fitchburg State University offers free COVID-19 testing Monday through Friday from 9 am to noon and 1 pm to 4 pm at the Rec Center.

If you do not have proof of a negative COVID-19 test that meets the above criteria, then you must quarantine until Fitchburg State University has received the results of a negative test. If you are an on-campus resident, a quarantine suite will be provided for you. If you choose not to provide results of a negative test, then you will be required to quarantine for 10 days.

Please continue to monitor yourself for the following symptoms of COVID-19.

- New loss of taste or smell
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat

- Congestion or runny nose
- Nausea or vomiting
- Diarrhea