

# **Exercise and Sports Science Department**

## **ACADEMIC POLICIES AND PROCEDURES**

These policies and procedures are specific to the Exercise and Sports Science department. Exercise and Sports Science majors are also expected to adhere to all University policies, including the Code of Conduct. Students should consult the Fitchburg State University Student Handbook for details on university wide policies.

### **Good Academic Standing for EXSS majors**

To achieve good academic standing, students must:

- Maintain an overall cumulative GPA of 2.0 or higher in all college courses;
- Maintain a cumulative GPA of 2.5 or higher in EXSS courses

### **Minimum Grade Requirement for EXSS Courses**

In addition to the departmental 2.50 GPA requirement, the following courses carry a prerequisite minimum grade of 2.0 in (EXSS 1011) Intro to Exercise Science *and* (BIOL 1200) Anatomy and Physiology I in order to move forward in the major and register for the courses listed below:

- EXSS 2050 Functional Anatomy
- EXSS 2065 Introduction to Research in Exercise Science
- EXSS 2071 Exercise Physiology I
- EXSS 2300 Sports Nutrition
- EXSS 2400 Health Promotion
- EXSS 3000 Applied Nutrition
- EXSS 4040 Fitness Management
- EXSS 4200 Professional and Career Development

Students who do not meet the 2.0 minimum grade requirement in EXSS 1011 and/or BIOL 1200 will only be allowed to re-take these courses once in order to achieve the grade requirement. Failure to do so will result in the student being unable to remain in the EXSS major.

### **Early Intervention for Academic Difficulties**

Any student failing to maintain good academic standing in a given semester will be required to meet with their advisor.

### **Departmental Probation**

If a student's cumulative GPA in the major falls below 2.5 at the end of any semester that student will be placed on departmental probation and given one semester to bring his/her GPA up to 2.5 or better. Failure to do so will result in removal from the EXSS major.

## Students on probation must:

- Meet with their academic advisor before the start of the second week of each semester to review current course load and arrange periodic meetings throughout the semester.
- Utilize the many resources the university offers, including faculty, Counseling Services, Academic Success Centers, Expanding Horizons, Career Services, and other support systems, as needed.

Students not making satisfactory progress in completing the academic requirements of the major for two consecutive semesters will be required to leave the EXSS major.

A student may be on academic probation in the EXSS major only once. Students who return to good academic standing after being on probation must maintain an EXSS GPA of 2.5 or higher; falling below a GPA of 2.5 in any subsequent semester will result in automatic removal from the major.

For information regarding **University Probation** please read the *Undergraduate Academic Policies and Procedures* from the University Catalog: <https://catalog.fitchburgstate.edu/content.php?catoid=32&navoid=2056>

## Appeal Process

Any student required to leave the EXSS major due to deficient academic progress may appeal to the EXSS Student Affairs Committee, who deal with issues of academic standing. The student will be allowed to present, in writing, evidence of significant extenuating circumstances. The Student Affairs Committee will take this information into consideration and issue a recommendation to the Chair of the EXSS Department within 24 hours following the hearing. The Student Affairs Committee may also make recommendations to the chair regarding plans of action for students on academic probation. The EXSS Department Chair will notify the student within 3 days of the departmental ruling.

## Inappropriate Use of Technology in the Classroom

The Exercise and Sports Science Department has established the following policy regarding inappropriate use of technology in the classroom.

### Definitions

- Technology includes cell phones, laptop computers, computer tablets, Ipads, portable recording or listening devices.
- Inappropriate use includes the use of devices for personal entertainment, communication with people outside the classroom, or for use other than class related purposes.

### Policy

It is at the discretion of the course instructor to ask a student to leave the classroom for any suspected or obvious inappropriate use of technology. If a student is a repeated offender then a formal complaint may be filed with the Dean of Student and Academic Life.