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# **NSSE 2023**

## **High-Impact Practices**

Fitchburg State University

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### About Your High-Impact Practices Report

Due to their positive associations with student learning and retention, certain undergraduate opportunities are designated "high-impact." High-Impact Practices (HIPs) share several traits: They demand considerable time and effort, facilitate learning outside of the classroom, require meaningful interactions with faculty and students, encourage collaboration with diverse others, and provide frequent and substantive feedback. As a result, participation in these practices has the potential to be very influential and rewarding (Kilgo et al., 2015; Kuh, 2008). NSSE founding director George Kuh recommends that institutions should aspire for all students to participate in at least two HIPs over the course of their undergraduate experience—one during the first year and one in the context of their major (NSSE, 2007).

NSSE asks students about their participation in the six HIPs shown in the box at right. Unlike most questions on the NSSE survey, the HIP questions are not limited to the current school year. Thus, senior students' responses include participation from prior years.

#### High-Impact Practices in NSSE

##### Service-Learning

Courses that included a community-based project

##### Learning Community

Formal program where groups of students take two or more classes together

##### Research with Faculty

Work with a faculty member on a research project

##### Internship or Field Experience

Internship, co-op, field experience, student teaching, or clinical placement

##### Study Abroad

##### Culminating Senior Experience

Capstone course, senior project or thesis, portfolio, recital, comprehensive exam, etc.

### Report Sections

#### Participation Comparisons (p. 3)

Displays HIP participation for your students compared with that of students at your comparison group institutions. Two views present insights into your students' HIP participation:

##### Overall HIP Participation

Displays the percentage of students who participated in one HIP and in two or more HIPs, relative to those at your comparison group institutions.

##### Statistical Comparisons

Comparisons of participation in each HIP and overall for your students relative to those at comparison group institutions, with tests of significance and effect sizes.

#### Response Detail (pp. 4-5)

Provides complete response frequencies for the relevant HIP questions for your students and those at your comparison group institutions. First-year results include a summary of their expectations for future HIP participation.

#### Participation by Student Social Identities and Experiences (p. 6-End)

Displays your students' participation in each HIP by selected student social identities and experiences.

### Interpreting Comparisons

*HIP participation varies more among students within an institution than it does between institutions*, like many experiences and outcomes in higher education. As a result, focusing attention on overall participation rates amounts to examining the tip of the iceberg. It is equally important to understand how student engagement (including HIP participation) varies *within* your institution. The table beginning on page 6 provides an initial look at how HIP participation varies by selected student social identities and experiences. Your NSSE Tableau dashboard and Report Builder (released in the fall) offer further perspectives on internal variation to help you investigate your students' HIP participation in depth.

Kilgo, C. A., Sheets, J. K. E., & Pascarella, E. T. (2015). The link between high-impact practices and student learning: Some longitudinal evidence. *Higher Education*, 69, 509-525.

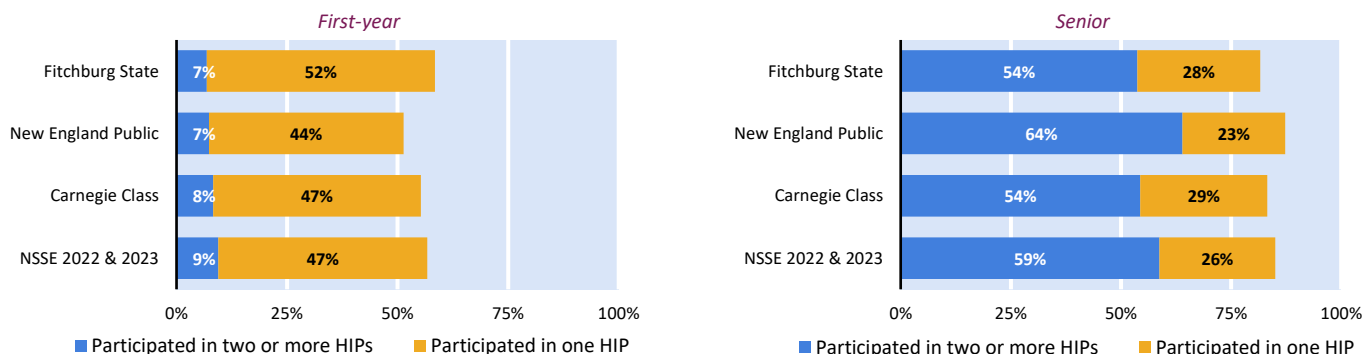
Kuh, G. D. (2008). *High-impact educational practices: What they are, who has access to them, and why they matter*. Association of American Colleges and Universities.

National Survey of Student Engagement (2007). *Experiences that matter: Enhancing student learning and success—Annual Report 2007*. Indiana University Center for Postsecondary Research.

Rocconi, L.M., & Gonyea, R.M. (2018). Contextualizing effect sizes in the National Survey of Student Engagement: An empirical analysis. *Research & Practice in Assessment*, 13 (Summer/Fall), pp. 22-38.

### Overall HIP Participation

The figures below display the level of participation of students in High-Impact Practices. Both figures include participation in service-learning, learning communities, and research with faculty. The senior figure also includes participation in internships or field experiences, study abroad, and culminating senior experiences. The first segment in each bar shows the percentage who participated in at least two HIPs, and the full bar (both colors) represents the percentage who participated in at least one.



### Statistical Comparisons

The table below displays the percentage of your students who participated in a given High-Impact Practice, including the percentage who participated in at least one or in two or more HIPs. It also graphs the difference, in percentage points, between your students and those of your comparison groups. Blue bars indicate how much higher your institution's percentage is compared to the comparison group. Dark red bars indicate how much lower your institution's percentage is compared to the comparison group. (Comparison group percentages appear on the following pages.)

Your students' participation compared with:

	Fitchburg State	Your students' participation compared with:								
		New England Public		Carnegie Class		NSSE 2022 & 2023				
<i>First-year</i>	%	<i>Difference<sup>a</sup></i>		<i>ES<sup>b</sup></i>	<i>Difference<sup>a</sup></i>		<i>ES<sup>b</sup></i>	<i>Difference<sup>a</sup></i>		<i>ES<sup>b</sup></i>
Service-Learning	55	+9		.17	+3		.06	+3		.07
Learning Community	6	-4		-.15	-3		-.10	-5		-.19
Research with Faculty	7	+3		.11	+2		.09	+2		.07
<i>Participated in at least one</i>	58	+7		.14	+3		.06	+2		.04
<i>Participated in two or more</i>	7	-1		-.02	-1		-.05	-3		-.10
<i>Senior</i>										
Service-Learning	67	+10		* .20	+6		.12	+7		.15
Learning Community	18	-4		-.10	-1		-.03	-4		-.10
Research with Faculty	17	-10		** -.24	-1		-.02	-5		-.13
Internship or Field Exp.	46	-8		-.16	+3		.06	-2		-.05
Study Abroad	11	+2		.08	+5		** .19	+2		.07
Culminating Senior Exp.	41	-11		* -.21	-3		-.06	-4		-.09
<i>Participated in at least one</i>	82	-6		* -.16	-2		-.04	-3		-.09
<i>Participated in two or more</i>	54	-10		* -.21	-1		-.01	-5		-.10

a. Percentage point differences (institution – comp. group) rounded to whole numbers. Values less than one may not display a bar and may be shown as +0 or -0.

b. Cohen's *h* (standardized difference between two proportions). Effect sizes indicate the practical importance of observed differences. For service-learning, internships, study abroad, and culminating senior experiences, an ES of about .2 may be considered small, .5 medium, and .8 large. For learning community and research with faculty, an ES of about .1 may be considered small, .3 medium, and .5 large (Rocconi & Gonyea, 2018).

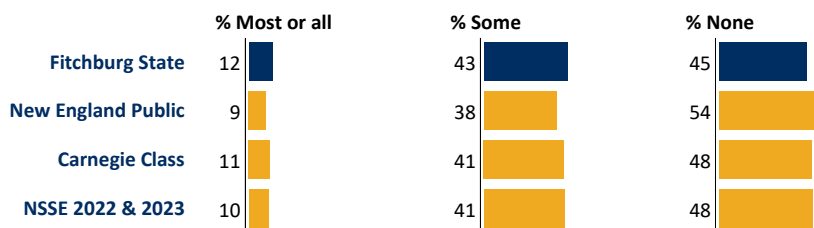
\**p* < .05, \*\**p* < .01, \*\*\**p* < .001 (z-test comparing participation rates).

Note: Participation includes the percentage of students who responded "done or in progress" except for service-learning which is the percentage who responded that at least "some" courses included a community-based project. All results weighted by institution-reported sex and enrollment status (and by institution size for comparison groups).

## First-year students

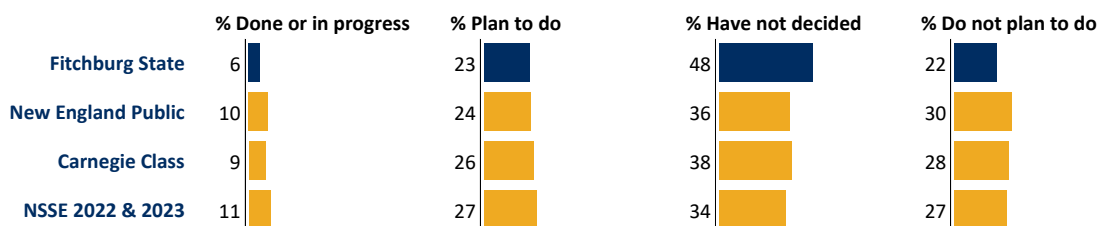
### Service-Learning

About how many of your courses at this institution have included a community-based project (service-learning)?



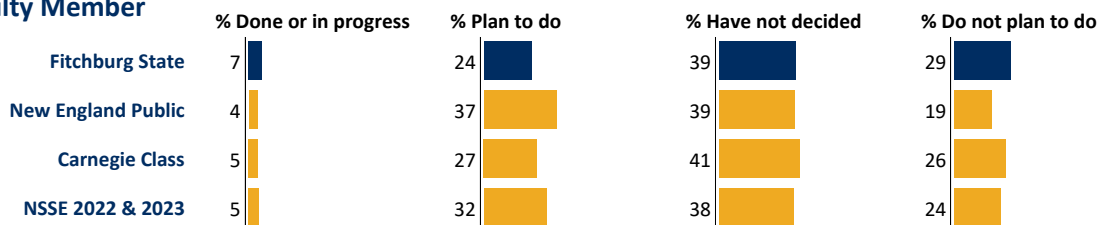
### Learning Community

Participate in a learning community or some other formal program where groups of students take two or more classes together.



### Research with a Faculty Member

Work with a faculty member on a research project.



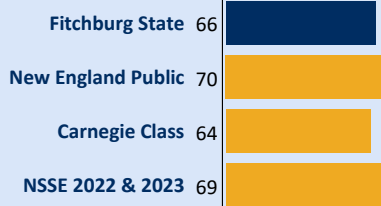
## Plans to Participate<sup>a</sup>

Knowing whether first-year students *plan* to participate in upper-division HIPs can reveal insights about HIP demand, awareness of opportunities, and the clarity of institutional information. These results might also point to topics for additional exploration, such as what contributes to students' expectations, their assumptions about who can participate, or why other students are undecided or have no plans to participate in the activity.

### Percentage responding "Plan to do"

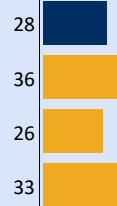
#### Internship or Field Experience

Participate in an internship, co-op, field experience, student teaching, or clinical placement.



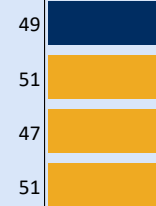
#### Study Abroad

Participate in a study abroad program.



#### Culminating Senior Experience

Complete a culminating senior experience (capstone course, senior project or thesis, portfolio, recital, comprehensive exam, etc.).



a. Refer to your *Frequencies and Statistical Comparisons* for details on the other response options.

Note: Results weighted by institution-reported sex (including "Another" and "Unknown" when provided) and enrollment status (and institutional size for comparison groups).

# NSSE 2023 High-Impact Practices

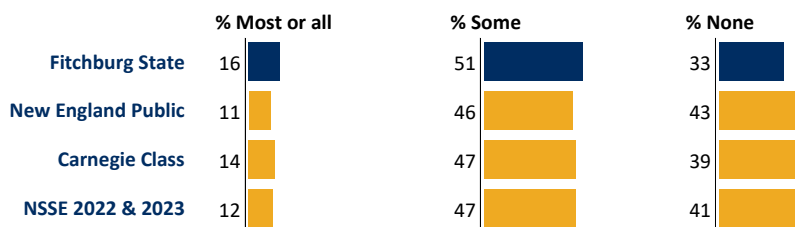
## Response Detail

### Fitchburg State University

## Seniors

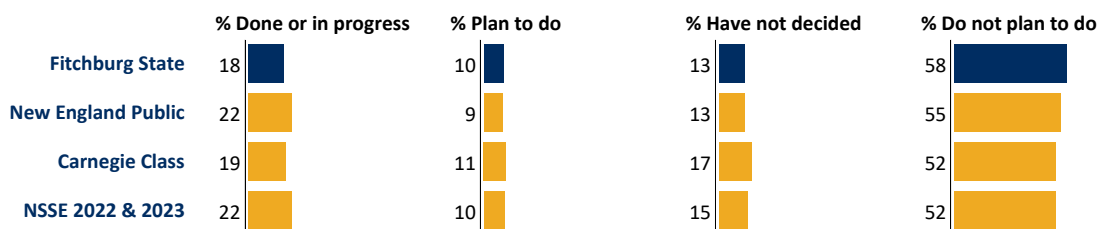
### Service-Learning

About how many of your courses at this institution have included a community-based project (service-learning)?



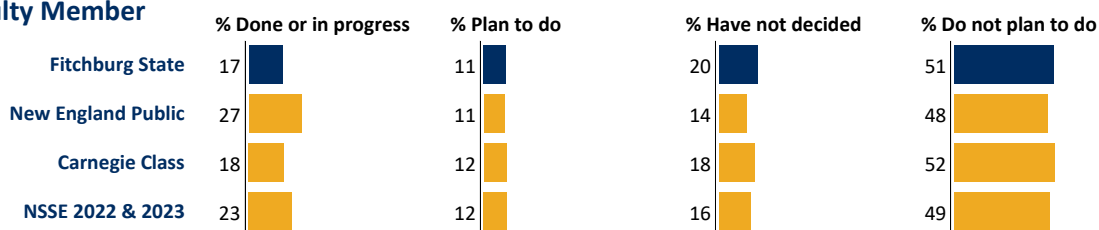
### Learning Community

Participate in a learning community or some other formal program where groups of students take two or more classes together.



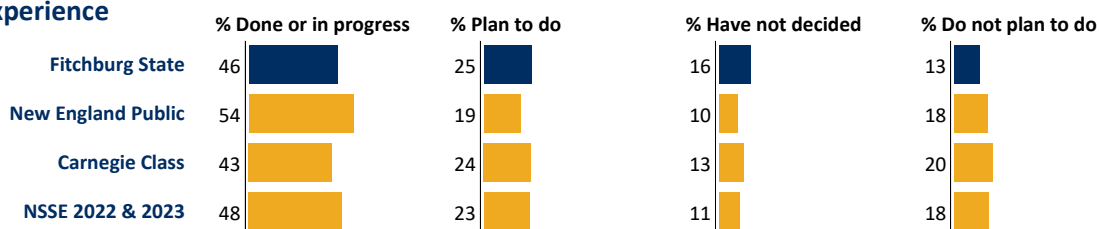
### Research with a Faculty Member

Work with a faculty member on a research project.



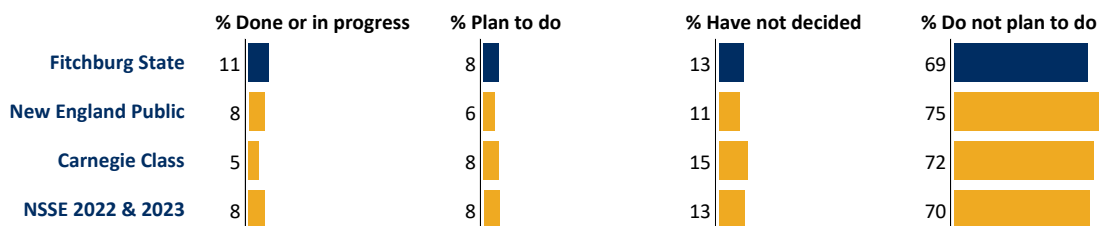
### Internship or Field Experience

Participate in an internship, co-op, field experience, student teaching, or clinical placement.



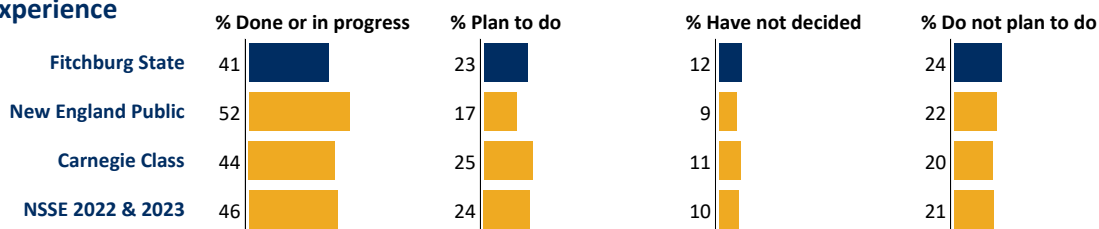
### Study Abroad

Participate in a study abroad program.



### Culminating Senior Experience

Complete a culminating senior experience (capstone course, senior project or thesis, portfolio, recital, comprehensive exam, etc.).



Note: Results weighted by institution-reported sex (including "Another" and "Unknown" when provided) and enrollment status (and institutional size for comparison groups).

# NSSE 2023 High-Impact Practices

## Disaggregated Results

### Fitchburg State University

## Participation in High-Impact Practices by Student Social Identities and Experiences

Examining participation rates for different groups offers insight into how engagement varies within your student population. The table below displays participation in each HIP by selected social identities and experiences. Details include the number of HIP participants (N), the number within the group who responded to the item (total), and the group participation percentage (%).

	First-year						Senior											
	Service-Learning		Learning Community		Research with Faculty		Service-Learning		Learning Community		Research with Faculty		Internship or Field Experience		Study Abroad		Culminating Senior Experience	
Major category <sup>a</sup>	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
Arts & humanities	8/16	50	1/16	6	0/16	0	1/5	20	0/5	0	0/5	0	1/5	20	0/5	0	2/4	50
Bio. sci., agric., and natural res.	3/5	60	0/5	0	2/5	40	3/7	43	0/8	0	3/8	38	2/8	25	0/8	0	6/8	75
Physical sci., math, computer sci.	3/6	50	0/6	0	0/6	0	2/2	100	1/2	50	1/2	50	1/2	50	0/2	0	1/2	50
Social sciences	4/8	50	0/8	0	0/8	0	9/13	69	4/13	31	5/13	38	9/13	69	0/13	0	9/13	69
Business	5/9	56	0/9	0	0/9	0	4/14	29	0/14	0	1/15	7	3/15	20	1/15	7	2/15	13
Communications, media, public rel.	5/11	45	0/11	0	3/11	27	3/6	50	1/6	17	1/6	17	3/6	50	1/6	17	6/6	100
Education	2/9	22	0/9	0	0/9	0	14/17	82	3/17	18	5/17	29	16/17	94	2/17	12	10/17	59
Engineering	2/2	100	1/2	50	0/2	0	0/1	0	1/1	100	1/1	100	0/1	0	0/1	0	1/1	100
Health professions	10/16	63	2/16	13	1/16	6	44/50	88	12/49	24	4/49	8	25/50	50	5/50	10	21/50	42
Social service professions	3/5	60	1/5	20	0/5	0	7/10	70	1/10	10	1/10	10	7/10	70	2/10	20	4/10	40
Undecided/undeclared	1/2	50	0/2	0	0/2	0	0/0		0/0		0/0		0/0		0/0		0/0	
Transfer status	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
Started here	48/87	55	5/87	6	5/87	6	47/65	72	14/65	22	20/65	31	46/65	71	9/65	14	44/65	68
Started elsewhere	2/7	29	0/7	0	2/7	29	49/73	67	13/74	18	8/75	11	25/75	33	7/75	9	24/74	32
Enrollment status <sup>b</sup>	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
Not full-time	0/95	0	0/99	0	0/98	0	28/41	68	5/41	12	2/41	5	10/41	24	3/41	7	11/41	27
Full-time	51/95	54	6/99	6	7/98	7	71/105	68	23/106	22	27/107	25	65/109	60	13/108	12	58/106	55
First-generation <sup>c</sup>	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
Continuing generation	27/43	63	4/43	9	4/43	9	37/52	71	12/51	24	12/52	23	30/52	58	5/52	10	29/51	57
First-generation	20/46	43	1/46	2	3/46	7	58/84	69	15/86	17	16/86	19	41/86	48	11/86	13	39/86	45
I prefer not to respond	2/4	50	0/4	0	0/4	0	1/2	50	0/2	0	0/2	0	0/2	0	0/2	0	0/2	0
Race/ethnicity <sup>d</sup>	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
Asian	4/5	80	0/5	0	0/5	0	5/6	83	0/6	0	1/6	17	3/6	50	0/6	0	3/6	50
Black or African American	5/13	38	0/13	0	2/13	15	15/19	79	6/19	32	4/19	21	8/19	42	4/19	21	9/19	47
Hispanic, Latina/o, Latine, or Latinx	8/17	47	0/17	0	1/17	6	9/14	64	5/15	33	4/15	27	6/15	40	1/15	7	9/15	60
Indigenous, American Indian, etc.	0/0		0/0		0/0		4/4	100	1/4	25	0/4	0	1/4	25	1/4	25	0/4	0
Middle Eastern or North African	0/0		0/0		0/0		3/3	100	1/3	33	0/3	0	2/3	67	0/3	0	2/3	67
Native Hawaiian or Pacific Islander	0/0		0/0		0/0		1/1	100	0/1	0	1/1	100	1/1	100	0/1	0	1/1	100
White	37/69	54	5/69	7	5/69	7	66/100	66	17/100	17	23/101	23	54/101	53	10/101	10	49/100	49
Another race or ethnicity	0/0		0/0		0/0		1/2	50	0/2	0	0/2	0	0/2	0	1/2	50	0/2	0
I prefer not to respond	0/1	0	0/1	0	0/1	0	5/7	71	1/7	14	0/7	0	3/7	43	0/7	0	3/7	43

# NSSE 2023 High-Impact Practices

## Disaggregated Results

### Fitchburg State University

## Participation in High-Impact Practices by Student Social Identities and Experiences

Examining participation rates for different groups offers insight into how engagement varies within your student population. The table below displays participation in each HIP by selected social identities and experiences. Details include the number of HIP participants (N), the number within the group who responded to the item (total), and the group participation percentage (%).

	First-year						Senior											
	Service-Learning		Learning Community		Research with Faculty		Service-Learning		Learning Community		Research with Faculty		Internship or Field Experience		Study Abroad		Culminating Senior Experience	
	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
<b>International status</b>																		
Not an international student	46/90	51	5/90	6	7/90	8	97/138	70	27/138	20	28/139	20	71/140	51	16/140	11	68/139	49
International student	3/3	100	0/3	0	0/3	0	0/1	0	0/1	0	0/1	0	0/1	0	0/1	0	0/1	0
<b>Gender identity<sup>d</sup></b>																		
Woman	28/57	49	4/57	7	3/57	5	74/105	70	19/104	18	23/105	22	55/106	52	11/106	10	57/105	54
Man	19/29	66	1/29	3	4/29	14	21/32	66	8/33	24	5/33	15	14/33	42	5/33	15	10/33	30
Agender or gender neutral	0/1	0	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0
Demigender	0/0		0/0		0/0		1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0
Genderqueer, non-binary, etc.	1/3	33	0/3	0	0/3	0	3/3	100	1/3	33	0/3	0	2/3	67	0/3	0	0/3	0
Genderfluid	0/0		0/0		0/0		1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0
Two-spirit	0/0		0/0		0/0		0/0		0/0		0/0		0/0		0/0		0/0	
Cis/Cisgender	5/10	50	0/10	0	0/10	0	2/4	50	0/4	0	1/4	25	1/4	25	1/4	25	1/4	25
Trans/Transgender	0/0		0/0		0/0		2/2	100	0/2	0	0/2	0	2/2	100	0/2	0	1/2	50
Questioning or unsure	1/2	50	1/2	50	0/2	0	1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0
Another gender identity	1/1	100	0/1	0	0/1	0	0/0		0/0		0/0		0/0		0/0		0/0	
I prefer not to respond	1/3	33	0/3	0	0/3	0	0/0		0/0		0/0		0/0		0/0		0/0	
<b>Sexual orientation<sup>d</sup></b>																		
Straight or heterosexual	41/70	59	3/70	4	7/70	10	82/118	69	23/117	20	19/118	16	60/119	50	13/119	11	54/119	45
Bisexual	5/15	33	1/15	7	0/15	0	8/12	67	2/13	15	5/13	38	8/13	62	2/13	15	9/13	69
Lesbian	2/3	67	1/3	33	0/3	0	1/1	100	0/1	0	1/1	100	1/1	100	0/1	0	1/1	100
Gay	0/3	0	0/3	0	0/0		1/1	100	0/0		0/1	0	0/1	0	1/1	100	0/1	0
Queer	0/1	0	0/1	0	0/1	0	3/3	100	0/3	0	1/3	33	3/3	100	0/3	0	1/3	33
Pansexual or polysexual	1/3	33	0/3	0	0/3	0	5/5	100	2/5	40	2/5	40	4/5	80	0/5	0	3/5	60
Ace, gray, or asexual	1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0	0/1	0	0/1	0	0/0	
Demisexual	1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	0/1	0
Questioning or unsure	1/1	100	0/1	0	0/1	0	1/2	50	1/2	50	1/2	50	1/2	50	0/2	0	1/2	50
Another sexual orientation	0/0		0/0		0/0		1/1	100	0/1	0	0/1	0	0/1	0	0/1	0	0/0	
I prefer not to respond	1/3	33	0/3	0	0/3	0	1/3	33	0/3	0	1/3	33	0/3	0	0/3	0	2/3	67
<b>Age<sup>b</sup></b>																		
FY 21+, Seniors 25+	1/4	25	0/4	0	1/4	25	41/60	68	9/60	15	6/60	10	19/62	31	5/61	8	20/61	33
FY < 21, Seniors < 25	50/92	54	6/96	6	6/95	6	58/86	67	19/87	22	23/88	26	56/88	64	11/88	13	49/86	57

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	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%	N/total	%
<b>Disability status<sup>d</sup></b>																		
Sensory disability	0/0		0/0		0/0		0/0		0/0		0/0		0/0		0/0		0/0	
Physical disability	0/0		0/0		0/0		1/1	100	0/1	0	0/1	0	1/1	100	0/1	0	1/1	100
Mental health or develop. disability	7/9	78	2/9	22	0/9	0	8/10	80	2/10	20	4/10	40	6/10	60	2/10	20	5/9	56
Another disability or condition	2/5	40	1/5	20	0/5	0	3/3	100	2/3	67	1/3	33	2/3	67	1/3	33	2/3	67
Multiple types of disab. or cond.	2/5	40	0/5	0	0/5	0	11/17	65	5/19	26	6/19	32	8/19	42	2/19	11	7/19	37
No disability or condition	33/65	51	1/65	2	5/65	8	72/101	71	18/99	18	17/100	17	54/101	53	11/101	11	52/101	51
I prefer not to respond	5/8	63	1/8	13	1/8	13	2/7	29	0/7	0	0/7	0	0/7	0	0/7	0	1/7	14
<b>Residence</b>																		
Not on campus	22/49	45	2/49	4	4/49	8	80/113	71	19/113	17	17/114	15	54/115	47	11/115	10	46/114	40
On campus	27/43	63	3/43	7	2/43	5	17/26	65	8/26	31	11/26	42	17/26	65	5/26	19	22/26	85
<b>Athlete status</b>						0				0								
Not an athlete	43/82	52	5/82	6	5/82	6	89/131	68	24/131	18	25/132	19	64/133	48	15/133	11	64/133	48
Student-athlete	6/10	60	0/10	0	1/10	10	8/8	100	3/8	38	3/8	38	7/8	88	1/8	13	4/7	57
<b>Greek membership</b>																		
Not a member	46/88	52	4/88	5	6/88	7	90/129	70	22/129	17	23/130	18	65/131	50	13/131	10	61/130	47
Member	1/2	50	0/2	0	0/2	0	6/8	75	3/8	38	3/8	38	6/8	75	2/8	25	5/8	63
<b>Military status</b>																		
No military service	47/90	52	5/90	6	6/90	7	92/131	70	25/130	19	25/131	19	67/132	51	13/132	10	64/131	49
Current or former military service	0/0		0/0		0/0		4/6	67	2/7	29	2/7	29	2/7	29	2/7	29	3/7	43
<b>Satisfaction<sup>e</sup></b>																		
Fair or poor	12/23	52	1/23	4	1/23	4	4/11	36	2/11	18	4/11	36	5/11	45	1/11	9	6/11	55
Good or excellent	38/70	54	4/71	6	6/71	8	93/128	73	25/128	20	24/129	19	66/130	51	15/130	12	62/129	48
<b>Overall</b>	51/96	55	6/100	6	7/99	7	99/146	67	28/147	18	29/148	17	75/150	46	16/149	11	69/147	41

Notes: Results are of those responding "done or in progress" except for service-learning which is the percentage responding that at least "some" courses included a community-based project. Results are unweighted, except for overall percentages which are weighted by sex and enrollment status. Percentages are within-group and can be read, for example, "X% of business major respondents participated in a learning community."

a. NSSE's default categories, based on first major if more than one was reported. Customizable major categories are available in your NSSE Tableau dashboards and Report Builder (released in the fall). Excludes majors categorized as "all other."

b. Institution-reported variable.

c. No parent, guardian, or person who raised you holds a bachelor's degree.

d. Select-all-that-apply item; students may be represented in more than one category.

e. Based on responses to "How would you evaluate your entire educational experience at this institution?"