

Gary Salter '92 is Vice President of DMAR Environmental, a full-service diesel fuel testing and remediation company in Clinton.

Christine Rosati-Dalton '92 has been promoted to patient education coordinator for Women's Health at Hartford Hospital.

Kathryn (Berry) Poulin '93 has been selected as a VIP member of the Covington Who's Who Executive and Professional Registry. Kathryn, a special needs educator at Apponequet Regional High School, holds a master's of Education Degree in Occupational Education from Fitchburg State University. The selection recognizes her commitment to excellence in education.

Jennifer Wisniewski '93 is a registered nurse at the Children's Hospital in Denver, CO, where she has worked in the children's cardiac intensive care unit and recovery room.

Melody Gallant '94, treasurer collector for Westminster, has been elected president of the Worcester County Treasurer Collector Association for a second term. Gallant, a lifelong Westminster resident, first assumed office in 1993. Her term will expire in spring 2014. She is certified as both a treasurer and collector with the Massachusetts Collectors and Treasurers Association.

Jorge Pazos '95, of Chelsea, is the chief information officer for Melrose. In addition, Pazos is a featured blogger for *Forbes* magazine, writing about the city's regional IT initiative, which provides computer services for the town of Essex.

Bridget (Brohel) Koetsch '97, of Gardner, teaches kindergarten at the Petersham Center School.

Andy Bayiates '97 created the play "44 Plays for 44 Presidents," which ran from October 27th to November 11th at the Boston Center for the Arts.

Bradley Brooks '97, of Nashua, NH, is currently serving as the student services director for the Chelmsford school system. Prior to this position he served as the program director of the Merrimack Special Education Collaborative in Billerica. In addition to the bachelor's degree he earned in 1997, Brooks earned his master's degree from Fitchburg State in 2000.

Annette Aberdale-Kendra '98 has written a book on eating disorders and body image issues. *Group: Voices Within the Journey of Eating Disorder Recovery* tells the stories of five young women (ages 16-22) with eating disorders as they embark on their journeys to recovery. The book is based on Aberdale-Kendra's experience of co-facilitating psychoeducational

eating disorder support groups for young women.

Scott Kellett '99 has been appointed headmaster of the Dover-Sherborn Middle School. Kellett taught mathematics at the school for a number of years prior to accepting a position as assistant principal in Sharon. He advanced to the position of middle school headmaster in Middleborough before returning to the Dover-Sherborn Middle School as assistant headmaster nearly three years ago. After earning his bachelor's degree from the University of New Hampshire, Scott received his master's degree from Fitchburg State in 1999.

Katherine Brace '99 anchors the weekend evening newscasts and reports during the week for CBS

Atlanta where she has worked since the fall of 2009. Prior to joining CBS in Atlanta, Brace spent four years as an anchor and reporter at WPTV in West Palm Beach, Fla., where she helped uncover a potential cancer cluster in Palm Beach County. She received an Emmy nomination for those ongoing reports. Before appearing in front of the camera, Katie worked at WBZ NewsRadio and the Boston Athletic Association (famous for the Boston Marathon.)

Margaret Rwamba '99 was the recipient of the 2011 Gerard D. Downing Advocate of the Year Award, presented by the Massachusetts District Attorneys Association. Rwamba works for the Worcester District Attorney's office as the director of the victim/witness assistance program.

Sarah Leonard '00—The drive to heal

Dr. Sarah Leonard '00, D.O., encourages prospective medical students to take long, hard look at the road they could face to earning an advanced degree.

"Think about why you want to be a doctor," she said. "You can't say it's because your parents wanted you to."

Dr. Leonard recently visited the Fitchburg State campus to speak to the university's biology club about the road from Fitchburg State to being a practicing physician.

Leonard described the process of medical school admission to students, and also covered the philosophical questions they should consider before embarking on the long, expensive and difficult road to a career in medicine.

"It's not a hobby," she said. "You really have to want to do it. It's a lot more studying than you thought was possible. There's a really high burnout rate."

Leonard described studying in the shower and while brushing her teeth as examples of the regimen she had to maintain to get through medical school.

And while physicians tend to be well paid, studies have shown that a plumber may make more money in the course of their lifetime than a physician, when factoring in the number of hours worked and the debt incurred along the way to employment. Leonard noted she'll be paying more than \$1,000 a month for the next 30 years to pay off her loans.

At the same time, the learning process for medical professionals never ends.

"You never master medicine," she said. "It's lifelong learning."

But the result of that hard work is a rewarding career making a profound, positive impact on people's lives, she said.

"It's good for your ego to be a doctor," she said.

Describing her own specialty, Leonard said being a doctor of osteopathy is not that different from being a medical doctor. Some consider the D.O. approach

more holistic, she said.

"I'm a real doctor," she emphasized. "It just says D.O. after my name."

Leonard is board-certified in family medicine and practices in Gardner.



MB

2000s

Marc Moschella '00 was named senior project manager at JM Coull Inc., a Maynard-based construction-management and design-build firm. Moschella has been with JM Coull for 10 years managing projects in the health-care, biotechnology, pharmaceutical and microelectronics divisions.

Robert Monteiro '01 has been unanimously approved by the Swansea School Committee to serve as superintendent of the Swansea Public School system. Monteiro had previously served as assistant superintendent since 2010. He earned his master's degree in educational leadership and management from Fitchburg State University.

Derek Swenson '02 is currently serving as the director of curriculum and grants for the Bridgewater-Raynham Regional School District. Swenson, who resides in Raynham, received his master's degree in Education and Educational leadership from Fitchburg State University. Prior to his new position, he served as Principal of the Bridgewater Middle School for three years.

Tara (Piccini) Manzello '03 completed two marathons in 2012: the Boston Marathon in April and the Jimmy Fund Marathon in September. A resident of Leominster, Manzello serves as assistant director of Graduate, International & Undergraduate Evening Admissions at Fitchburg State University.

Jami Anderson '03 has been promoted to project manager at Maynard-based JM Coull, Inc. Anderson had previously served as an assistant project manager for five years.

Jason Polonsky '03 was elected to a three-year term as Councilor-at-Large for the town of Palmer in June 2012.

Allison Biggs '03, owner of Allison Biggs Graphic Design,

And the winner is...Evelyn Howe '06

It was probably a good omen when working actress Evelyn Garcia Howe had an unusually smooth audition to star in the SpeakEasy Stage Company's production of "The Motherf---r with the Hat" last fall in Boston.

"They ended up casting me from the first read, which is very unusual," she said. "Once I came in, they said, 'This is the one.'"

The play, by Stephen Adly Guirgis, tells the tale of ex-con Jackie, who comes home from prison to find a man's hat in the apartment of his drug-abusing girlfriend, Veronica (whom Howe played). The play is a comedy but still carries a lot of raw emotion.

Veronica was a great part, Howe said, laughing at what a far cry the role is from her own personality. "It's a lot of swearing, a lot of emotion. She's crass, alcoholic, drug-using – the farthest stretch you can imagine from me."

Howe nailed the part, winning the Elliot Norton Award for outstanding actress this May from the Boston Theater Critics Association. The SpeakEasy Stage Company also won the award for outstanding production.

started her company in 2007. Allison, who resides in West Springfield, began her graphic design career as an intern with FirstLight Communication and Design in Feeding Hills.

Adam Keyes '04, of Medford, serves as the assistant director of housing at Boston University.

Ken Yankee '04 was nominated for a 2012 Emmy award in the category of outstanding picture editing for short form segments and variety specials for his work on "Extreme Makeover: Home Edition—Rise and Honor, A Veterans Day Special," for ABC. This was the third Emmy nomination for Yankee. A native of Shrewsbury, Yankee also earned an American Cinematic Editors

Even getting nominated was a thrill, Howe said, but winning the award has opened doors. She now finds herself being invited to

audition for parts, where before she was hustling to get through the door.

Howe found her passion at Fitchburg State, where she enrolled with plans to stay no more than a year before transferring to another institution. Then she met professors Richard McElvain and Kelly Morgan.

"I stayed because of Richard and Kelly," she said. "Just from class one, I fell in love with it. They

gave me wonderful opportunities and encourage me to do my best work."

She was challenged in the theater program to play a variety of roles, including old men and Shakespeare's Hamlet.

The Norton Award is affirmation for Howe—who supports herself as a mortgage underwriter—that she can start focusing on a professional acting career.

"I'm getting paid to do something I love."

MB



Award in 2011, along with fellow Fitchburg State alumnus, **Paul Coyne '05**, for an episode of "If You Really Knew Me," an MTV series about high school cliques.

Brenda Theriault-Regan '04 was selected to serve as principal of Tewksbury Memorial High School in June 2012. Prior to that, Theriault-Regan was the assistant principal at the John Ryan Middle School in Tewksbury.

Zachary Waddicor '05 became principal of the Wilbur School in Somerset in December 2012. The Wilbur School has students from kindergarten through grade five. Waddicor had previously served as associate principal and Title I director for the Carver Elementary School.

Wendy Bell '05, of North Grafton, was appointed as the next principal of the Walter J Paton School. Bell is completing her 13th year of teaching the third and fourth grade at the Paton School, where she has helped the school achieve among the strongest student performance results in the state. She was nominated and selected to receive the 2012 John P. Collins Award for Teaching Excellence.

Paul Coyne '05 was nominated in 2012 for an Emmy award in the category of outstanding picture editing for nonfiction programming for his work on the A&E documentary series "Beyond Scared Straight," the series for which he serves as the executive producer. Coyne also earned an